

PILGRIMS AT HOME GAME MANUAL

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PILGRIMS AT HOME GAME MANUAL



INTRODUCTION

WELCOME TO PILGRIMS AT HOME

Pilgrims at Home is an annual competition set up to facilitate the coming together of teams and individuals from around the world in order to take advantage of the blessed first 10 days of Dhul-Hijja. We all hope to be invited soon to perform Hajj with the pilgrims. In the meantime, we are pilgrims to our Lord while we stay at home.

This joint effort aims to help us inspire and communicate with one another, to encourage healthy competition, and kindle the spirit of sisterhood on our pilgrimage. Pilgrims at Home is an ‘‘ibāda Olympics’ of sorts, aimed at strengthening our ‘ibāda muscles at a time when they may otherwise be gradually weakening after the departure of Ramadan and the burst of spiritual strength and uplift it brought.

The scoresheets are provided to help teams worldwide collect their scores and compete with one another, and to help individual team members monitor and strive to increase their personal ‘ibāda in order to reap the benefits of this auspicious month. Each individual should send her scores to her team leader on a daily basis. At the end of the 10 days, the scores will be tallied and the winning group announced!



THE FIRST TEN DAYS OF DHUL-HIJJA

During the first 10 days of Dhul-Hijja, Allah pours His mercy upon the whole of creation. This mercy is wonderfully evident to those who are invited as ‘Guests of the Merciful’ to perform the Hajj. As they set their first gaze upon the Ka‘ba and the blackness of the kiswa penetrates their souls, as they wipe beads of sweat from their foreheads while they recreate Hājar’s path between Safā and Marwa, and as exhaustion and complete surrender follow the physical struggle and yearning for a fresh change of clothes, His mercy is almost tangible. For the Muslims who are not performing Hajj, it takes more effort to take advantage of the many blessings Allah has promised and to honor these days in which deeds are multiplied numerous times.

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ عَنِ النَّبِيِّ ﷺ قَالَ:
(مَا مِنْ أَيَّامٍ أَحَبَّ إِلَى اللَّهِ أَنْ يُتَعَبَّدَ لَهُ فِيهَا مِنْ عَشْرِ ذِي الْحِجَّةِ يَعْدِلُ صِيَامُ كُلِّ يَوْمٍ
مِنْهَا بِصِيَامِ سَنَةٍ وَقِيَامُ كُلِّ لَيْلَةٍ مِنْهَا بِقِيَامِ لَيْلَةِ الْقَدْرِ).
سنن الترمذي

Abū Hurayra (RA) narrates that the Prophet ﷺ said: "There are no days in which the worship of Allah is as beloved to Him as in the 10 days of Dhul-Hijja. Fasting in each of these days is equivalent to fasting for a year. Standing in prayer in each of these nights is equivalent to standing in prayer on the night of power (Laylat al-Qadr)."
[Al-Tirmidhī]

عَنِ ابْنِ عَبَّاسٍ رَضِيَ اللَّهُ عَنْهُ قَالَ: قَالَ رَسُولُ اللَّهِ ﷺ:
(مَا مِنْ أَيَّامٍ أَكْبَرُ عِنْدَ اللَّهِ وَلَا أَحَبَّ إِلَيْهِ الْعَمَلُ فِيهِنَّ مِنْ أَيَّامِ الْعَشْرِ فَأَكْثَرُوا
فِيهِنَّ التَّسْبِيحَ وَالتَّكْبِيرَ وَالتَّهْلِيلَ).
معجم الطبراني الكبير

Ibn ‘Abbās (RA) narrates that the Prophet ﷺ said: "There are no days which are greater in the sight of Allah, nor are there days in which good deeds are more beloved to Allah, than the first 10 days of Dhul-Hijja. Therefore, engage in abundant *tasbiḥ*, *takbīr*, and *tahlīl*."
[Al-Ṭabarānī]

عَنِ ابْنِ عُمَرَ رَضِيَ اللَّهُ عَنْهُ عَنِ النَّبِيِّ ﷺ أَنَّهُ قَالَ:
(إِذَا كَانَ عَشِيَّةَ عَرَفَةَ لَمْ يَبْقَ أَحَدٌ فِي قَلْبِهِ مِثْقَالُ حَبَّةٍ مِنْ خِرْدَلٍ مِنْ إِيْمَانٍ إِلَّا غُفِرَ لَهُ.
قُلْتُ يَا رَسُولَ اللَّهِ أَهَلُ عَرَفَةَ خَاصَّةٌ؟ قَالَ بَلْ لِلْمُسْلِمِينَ عَامَّةً).
معجم الطبراني الكبير

Ibn ‘Umar (RA) narrates that the Prophet ﷺ said: "When the evening of ‘Arafa arrives, nobody with a mustard seed’s weight of faith in their heart is left, but they are forgiven." The Prophet’s ﷺ companions asked, "O Messenger of God, is this restricted only to people in ‘Arafa?" He ﷺ said, "No, it is for all Muslims."
[Al-Ṭabarānī]

عَنْ أَبِي قَتَادَةَ رَضِيَ اللَّهُ عَنْهُ عَنْ رَسُولِ اللَّهِ ﷺ أَنَّهُ قَالَ:
(صِيَامُ يَوْمٍ عَرَفَةَ أَحْتَسِبُ عَلَى اللَّهِ أَنْ يُكَفِّرَ السَّنَةَ الَّتِي
قَبْلَهُ وَالسَّنَةَ الَّتِي بَعْدَهُ).
صحيح مسلم

Abū Qatāda (RA) narrates that the Prophet ﷺ said: "Fasting on the day of ‘Arafa is regarded by Allah as an expiation of the sins of the year before it and the year after it." [Ṣaḥīḥ Muslim]
(This is in reference to those Muslims who are not at ‘Arafa.)

عَنْ عُمَرَانَ بْنِ حُصَيْنٍ رَضِيَ اللَّهُ عَنْهُ أَنَّ النَّبِيَّ ﷺ قَالَ:
 (يا فاطمة قومي إلى أَصْحَابِكَ فَاشْهَدِيهَا فَإِنَّهُ يُعْفَرُ لِكَ عِنْدَ أَوَّلِ قَطْرَةٍ تَقْطُرُ مِنْ دَمِهَا كُلَّ ذَنْبٍ
 عَمِلْتِيهِ وَقُولِي إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ، لَا شَرِيكَ لَهُ وَبِذَلِكَ
 أُمِرْتُ وَأَنَا مِنَ الْمُسْلِمِينَ).
 الحاكم

‘Imrān b. Ḥusayn (RA) narrates that the Prophet ﷺ said: “O Fāṭima, rise to your sacrifice and witness it, for at the first drop of its blood, every sin you have committed will be forgiven, and say: My prayers and my pillars of worship and my life and my death are for Allah, Lord of the worlds, for Whom there is no partner, and this was commanded to me, and I am of the Muslims.” [Al-Hākim]

قَالَ اللَّهُ تَعَالَى:
 {وَلِكُلٍّ وِجْهَةٌ هُوَ مُوَلِّيهَا فَاسْتَبِقُوا الْخَيْرَاتِ أَيْنَ مَا تَكُونُوا يَأْتِ بِكُمْ اللَّهُ جَمِيعًا إِنَّ اللَّهَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ}.
 سورة البقرة

“For each [religious following] is a [prayer] direction toward which it faces. So race to [all that is] good. Wherever you may be, Allah will bring you forth [for judgment] all together. Indeed, Allah is over all things competent.” [Sūrat al-Baqara: 148]

قَالَ اللَّهُ تَعَالَى:
 {إِنَّ الْأَبْرَارَ لَفِي نَعِيمٍ، عَلَى الْأَرَائِكِ يَنْظُرُونَ، تَعْرِفُ فِي وُجُوهِهِمْ نَضْرَةَ النَّعِيمِ، يُسْقَوْنَ مِنْ رَحِيقٍ مَخْتُومٍ، خِتَامُهُ مِسْكٌ وَفِي ذَلِكَ فَلْيَتَنَافَسِ الْمُتَنَافِسُونَ}.
 سورة المطففين

“Indeed, the righteous will be in pleasure. On adorned couches, observing. You will recognize in their faces the radiance of pleasure. They will be given to drink [pure] wine [which was] sealed. The last of it is musk. So for this, let the competitors compete.”
 [Sūrat al-Muṭaffifin: 22-26]

قَالَ اللَّهُ تَعَالَى:
 {وَلَوْ شَاءَ اللَّهُ لَجَعَلَكُمْ أُمَّةً وَاحِدَةً وَلَكِنْ لِيَبْلُوَكُمْ فِي مَا آتَاكُمْ فَاسْتَبِقُوا الْخَيْرَاتِ إِلَى اللَّهِ مَرْجِعُكُمْ جَمِيعًا فَيُنَبِّئُكُمْ بِمَا كُنْتُمْ فِيهِ تَخْتَلِفُونَ}.
 سورة المائدة

“Had Allah willed, He would have made you one nation [united in religion], but [He intended] to test you in what He has given you; so race to [all that is] good. To Allah is your return all together, and He will [then] inform you concerning that over which you used to differ.”
 [Sūrat al-Mā’ida: 48]

قَالَ اللَّهُ تَعَالَى:
{وَالسَّابِقُونَ السَّابِقُونَ، أُولَئِكَ الْمُقَرَّبُونَ، فِي جَنَّاتِ النَّعِيمِ، ثَلَاثَةٌ مِّنَ الْأَوَّلِينَ،
وَقَلِيلٌ مِّنَ الْآخِرِينَ}.
سورة الواقعة

“And the forerunners, the forerunners. They are the ones brought near [to Allah], in the Gardens of Pleasure. A large number of the former peoples, and a few of the later peoples.”
[Sūrat al-Wāqī‘a: 10-14]

**THUS, IN ORDER TO GARNER THE
SPIRIT OF THESE BLESSED DAYS, AND
TO MAINTAIN THE MOMENTUM TO
PERFORM AS MANY GOOD DEEDS AS
WE CAN, UTILIZING THE HEALTHY
COMPETITIVE SPIRIT ENCOURAGED BY
THE QURAN AND SUNNA**

Let the Pilgrims at Home game begin!



RULES

A. TEAMS

Participants across the world are arranged into teams of 5. Each team should register the following details using the forms found on the Rabata.org Pilgrims at Home homepage. If you do not have a team, a form is also available to register as an individual and be placed on a team.

- 1) Team Name
- 2) Team members' information:
 - a. Name
 - b. Phone Number
 - c. Email address
 - d. State/Province
 - e. Country

*When forming your teams,
keep in mind that this
competition is aimed at
raising each individual's
personal 'ibāda level.*

*The goal is not to put together
a 'winning team' of strong
'ibāda veterans, but rather for
the more experienced in worship
to help those who are new to
this kind of schedule.*

Each team has a team leader who is responsible for cheering on her teammates, keeping track of their scores and progress, and submitting both the Midway and Final Team Leader Forms for their team. Both of these forms can be found at

[RABATA.ORG/PILGRIMSATHOME](https://rabata.org/pilgrimsathome)

The team groupings are subject to approval by the Pilgrims at Home administrators. Please try to send in your teams as soon as possible so that the groupings can be finalized before the 1st of the month.

B. POINTS

There are 1300 points per individual to be earned from the 1st to the 10th of Dhul-Hijja, divided as follows:

900 points from the Daily Scoresheet, which includes the Day of 'Arafa (9 days x 100 points each = 900 points)

100 points from the 'Arafa-Specific Scoresheet

300 points from the Eid Scoresheet

Total: 1300 points

* Please note that each scoresheet has an alternative schedule for menstruating women, which includes substitutes for praying and reading Quran. Thus, a woman who cannot pray or read Quran during this time may still earn the same number of points.

CONVERTS' POINTS

قَالَ رَسُولُ اللَّهِ ﷺ: (مَنْ أَشْلَمَ مِنْ أَهْلِ الْكِتَابِ فَلَهُ أَجْرُهُ مَرَّتَيْنِ).
مسند الإمام أحمد

The Prophet ﷺ said: “Whoever embraces Islam from the people of the two scriptures (i.e. Jews and Christians) will be given a double reward.” [Musnad al-Imām Aḥmad]

For the purposes of this game, converts who have accepted Islam within the last 7 years will automatically earn double points for each act of worship listed on the scoresheets. A convert's daily score, however, cannot exceed 100 points, so that even if she earns over 100 points after doubling, her score will still only equal 100. An individual convert can choose to opt out of this privilege if she wishes. The 2 items that cannot be doubled are the khitma and the uḍḥiya.

Example: Participant A (who converted within the last 7 years) earns 35 points on the first day – this then doubles her points to 70 points for that day. If she (the convert participant) earns 60 points on any day (before doubling) she then doubles those, however, since the points are capped at 100, she will only receive 100 points as opposed to 120. This applies to any doubled scores which exceed the 100 point total.

C. SCORESHEETS

Scoresheets are provided at the end of this manual to tally individual and team points.

Each team member is responsible for tallying her daily scores and submitting them to her team leader. You may find it useful to use the following forms:

- Daily Scoresheet
- ‘ Arafa Scoresheet
- Eid Scoresheet
- Final Individual Scoresheet

The team leader is responsible for collecting a single daily score from her teammates and submitting the results. Team leaders may find the following forms useful:

- Team Leader Scoresheet
- The Midway Scoresheet to be submitted before noon on the 5th day of the competition, which should include all ‘ ibāda from Days 1-4.
- The Final Team Leader Scoresheet to be submitted by the team leader before the end of the 4th day of Eid.

The team leader may decide how she would like her team members to submit scores to her (via email, text, WhatsApp, phone call, Google doc, etc.)

The Scoring Guide section of this manual contains detailed descriptions about each scoresheet. If you do not find the answer to your question in the Scoring Guide, you can email

D. TIMING

The Pilgrims at Home competition officially begins at tahajjud time on the 1st day of Dhull-Hijja and officially ends at Maghrib time on the 4th day of Eid. The game begins with the official announcement of Hajj from Saudi Arabia so that Pilgrims at Home players are completing the same acts of worship as those at Hajj (i.e. completing the ‘Arafa Scoresheet on the day of ‘Arafa etc).

- The Daily Scoresheet begins with tahajjud and ends with ‘Ishā’ for each day.
- The ‘Arafa Scoresheet begins at Fajr time on the day of ‘Arafa, and ends at the start of Maghrib time.
- The Eid Scoresheet begins after ‘Ishā’ on the eve of Eid.

Please note that the night of Eid is meant as a full night spent in ‘ibāda, so the night prayers can be performed any time throughout the night.

All items on the Eid Scoresheet should be completed by Maghrib on the first day of Eid, with the exception of the khitma and uḍḥiya, which may be completed any time during the next 4 days of Eid for points. The points must be submitted by Maghrib time on the 4th day of Eid in order to be calculated.

*On the authority of Abū Umāma, the Prophet ﷺ said,
“The one who spends the night of both Eids in worship
for the sake of Allah, his heart will not die on the day
that hearts die.” [Sunan Ibn Māja]*



DAILY SCORESHEET GUIDE

The Daily Scoresheet begins with tahajjud and ends with ‘Ishā’ for each day.

Of the 4 tahajjud items, Ṣalāt al-Tasābīḥ and Qaḍā’ Yawm may be prayed as qiyām after ‘Ishā’. However, the 2 rak‘as tahajjud and Ṣalāt al-Ḥāja should be prayed before Fajr, after having slept and woken up.

2 RAK'AS TAHAJJUD

These 2 opening rak‘as are meant to be short and light, and should be prayed at the beginning of tahajjud, after having slept and woken up. (In the case that one would stay up in worship all night, these rak‘as would precede that worship). Tahajjud is prayed, in general, in the last third of the night. If you plan to do all the acts of worship (Ṣalāt al-Tasābīḥ, Ṣalāt al-Ḥāja, and Qaḍā’ Yawm) you may need an hour and a half. Of course you may pray more rak‘as than are listed, but you will not receive extra points for the game.

ṢALĀT AL-TASĀBĪḤ

The prayer of Tasābīḥ is 2 sets of 2 rak‘ as in which one does 150 tasbīḥ in each set for a total of 300 tasbīḥ. This is where the prayer takes its name from. Ṣalāt al-Tasābīḥ may be prayed as qiyām after ‘Ishā’ of the day before or at tahajjud time. The way it is performed as mentioned in the ḥadīth is:

روى ابن عباس رضي الله عنهما أن رسول الله ﷺ قال:
يا عَبَّاسُ، يَا عَمَّاهُ، أَلَا أُعْطِيكَ؟ أَلَا أَمْنَحُكَ؟ أَلَا أُحْبِوكَ؟ أَلَا أَفْعَلُ بِكَ؟ عَشْرُ خِصَالٍ إِذَا أَنْتَ
فَعَلْتَ ذَلِكَ، غَفَرَ اللَّهُ لَكَ ذَنْبَكَ أَوَّلَهُ وَآخِرَهُ، قَدِيمَهُ وَحَدِيثَهُ، خَطَأَهُ وَعَمْدَهُ، صَغِيرَهُ وَكَبِيرَهُ،
سِرَّهُ وَعَلَانِيَتَهُ، عَشْرُ خِصَالٍ: أَنْ تُصَلِّيَ أَرْبَعَ رَكَعَاتٍ تَقْرَأُ فِي كُلِّ رَكَعَةٍ فَاتِحَةَ الْكِتَابِ
وَسُورَةً، فَإِذَا فَرَغْتَ مِنَ الْقِرَاءَةِ فِي أَوَّلِ رَكَعَةٍ وَأَنْتَ قَائِمٌ قُلْتَ: سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ،
وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ، خَمْسَ عَشْرَةَ مَرَّةً، ثُمَّ تَرَكَّعَ، فَتَقُولُهَا وَأَنْتَ رَاكِعٌ عَشْرًا، ثُمَّ تَرْفَعُ
رَأْسَكَ مِنَ الرُّكُوعِ، فَتَقُولُهَا عَشْرًا، ثُمَّ تَهْوِي سَاجِدًا فَتَقُولُهَا وَأَنْتَ سَاجِدٌ عَشْرًا، ثُمَّ تَرْفَعُ
رَأْسَكَ مِنَ السُّجُودِ، فَتَقُولُهَا عَشْرًا، ثُمَّ تَسْجُدُ فَتَقُولُهَا عَشْرًا، ثُمَّ تَرْفَعُ رَأْسَكَ فَتَقُولُهَا
عَشْرًا، فَذَلِكَ خَمْسُ وَسَبْعُونَ فِي كُلِّ رَكَعَةٍ، تَفْعَلُ ذَلِكَ فِي أَرْبَعِ رَكَعَاتٍ، إِنْ اسْتَطَعْتَ أَنْ
تُصَلِّيَهَا فِي كُلِّ يَوْمٍ مَرَّةً فَافْعَلْ، فَإِنْ لَمْ تَفْعَلْ فِي كُلِّ جُمُعَةٍ مَرَّةً، فَإِنْ لَمْ تَفْعَلْ فِي كُلِّ
شَهْرِ مَرَّةً، فَإِنْ لَمْ تَفْعَلْ فِي كُلِّ سَنَةٍ مَرَّةً، فَإِنْ لَمْ تَفْعَلْ فِي عُمْرِكَ مَرَّةً.
أَبُو دَاوُدَ

Ibn ‘Abbās narrated that the Messenger of Allah ﷺ said to al-‘Abbās b. ‘Abd al-Muṭṭalib: "O my uncle, al-‘Abbās, shall I not grant you? Shall I not bestow upon you? Shall I not give you? Shall I not teach you ten things that, if you do, Allah will forgive you your sin, its first and last, its old and new, its unintentional and its purposeful, its small and big, its private and public:

Pray 4 rak‘ as (2 sets of 2 rak‘ as) and read Sūrat al-Fātiḥa and a sūra in each. When you finish reading in the first rak‘ a, say while standing: Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar 15 times.

Then bow and say it 10 times while bowing.

Then raise your head from bowing and say it 10 times.

Then fall to prostration and say it 10 times while prostrating.

Then raise yourself to a sitting position and say it 10 times.

Then prostrate and say it 10 times.

Then raise yourself to a sitting position again and say it 10 times.

This makes them 75 in each rak‘ a. You do this in each of the 4 rak‘ as.

If you can perform it once a day then do so, otherwise once a week, otherwise once a month, otherwise once a year, otherwise once in a lifetime."

[Abū Dawūd]

For a demonstration of Ṣalāt al-Tasābīḥ visit
rabata.info/salatultasabih

ŞALĀT AL-ḤĀJA

Şalāt al-Ḥāja is a sunna prayer wherein you may ask Allah to fulfill your deepest need. For the purpose of this competition, Şalāt al-Ḥāja should be prayed at tahajjud time, in the last third of the night, and should be read with Sūrat Yāsīn divided between the 2 rak‘as in order to qualify for the points.

The virtue of reading Sūrat Yāsīn in this prayer is to bring together the heart of the Quran, in the heart of the night, with the heart of the believer, which, combined, will in shā’ Allāh fulfill our greatest need. You may read Sūrat Yāsīn from a Quran on a stand or from an electronic device, which you can place on a nearby table during sujūd. If you follow the Ḥanafī Madhhab, which does not allow reading from a Quran during prayer, you can either memorize Sūrat Yāsīn beforehand or take the rukḥṣa (concession) from the Shāfi‘ī Madhhab and read from a Quran.

QAḌĀ’ YAWM

This is a whole day’s worth of Qaḍā’ prayers. This includes the 5 farḍ prayers in addition to Witr, for a total of 20 rak‘as. Players may award themselves one point for each farḍ if the full Qaḍā’ day is not completed. Qaḍā’ means 'making up' – there are many people who have missed prayers in their lives (especially when they were younger) when they should have been praying but did not. This is an opportunity to make up those prayers. For converts or others who have not missed any farḍ prayers, praying Qaḍā’ prayers will replace any prayers that were prayed with an 'iffy' wuḍū’, or with other possible mistakes.

While it is preferable to pray these after sleeping and waking before Fajr, you may give yourself points if you pray your day of Qaḍā’ any time between ‘Ishā’ and Fajr. For this game, you do not receive points for Qaḍā’ prayers if you perform them throughout the day. In addition, you only receive points for 1 set of Qaḍā’ prayers, although you may pray more for the reward if you wish.

7 ADHKĀR

These adhkār can be found in the 'Supplemental Du'ā' and Dhikr' section. To qualify for the five points, the 7 adhkār are to be repeated 25 times each at any time of the day. For the purposes of this game, these adhkār cannot be replaced with other dhikr or du'ā'. In following with a Muslim's adab (respect/good manners) toward the adhkār, they should be recited whilst doing activities during which one can focus on the phrases (i.e. not while watching television).

SŪRAT AL-AN'ĀM

To qualify for the 7 points, the full sūra should be read. There are no breakdown points for reading a portion of it. Sūrat al-An'ām may be read at anytime.

Sūrat al-Baqara is the second chapter in the Quran. Abū Hurayra (RA) reported that the Messenger of Allah ﷺ said, "Do not turn your houses into graveyards. Shayṭān is barred from any house in which Sūrat al-Baqara is recited." [Ṣaḥīḥ Muslim]

This sūra spans 2 and a half sections, or ajzā', of the Quran. The sūra is 47 pages in total. Sūrat al-Baqara may be read at any time during the day. Additional points cannot be earned by reading it twice. If you have extra time, we encourage you to work on your khitma.

To receive the full 18 points for Sūrat al-Baqara, it should be read in one day. However, if you begin it and are unable to complete it, you may receive partial points. For the purposes of this game, a new reading of Sūrat al-Baqara should be attempted each day, even if you have not finished the previous one.

Breakdown for Sūrat al-Baqara:

1st juz' = 6 points

2nd juz' = 6 points

Remainder in third juz' = 6 points

The reason for the high number of points awarded for reading Sūrat al-Baqara, as opposed to other Quran reading, is that one of the goals of this competition is the establishing of habits, and the recitation of Sūrat al-Baqara is an important one.

STAYING AWAKE UNTIL SUNRISE

To qualify for the 5 points, one should wake up at the start of Fajr time (or before) and stay up after Fajr until sunrise because this is a blessed time. While it is preferred that this time be used for ‘ibāda, you still receive points if you are doing housework or homework, etc. while you wait for the sun to rise.

PRAYERS

FARḌ

On the scoresheets, participants will award themselves 1 point for each farḍ prayer. If a farḍ prayer is missed and becomes Qaḍā’, the participant will deduct 50 points from their score. If the prayer is not subsequently made up, another 50 points must be deducted.

MAKE UP POINTS FOR A MISSED FARḌ

To make up the points deducted for missing a farḍ prayer, 50 points can be earned as follows: 25 points for reading Sūrat al-Baqara a 2nd time in 1 day, and 25 points for repeating “astaghfirul-lahal-‘aẓīm” 5,000 times. Sūrat al-Baqara and the 5,000 istighfār can each be completed on a different day.

“2S”

On the scoresheets, “S” refers to sunna prayers. Each 2 rak‘as earn 1 point, adding up to 9 total points possible for sunna prayers each day. While the various schools of thought (Madhāhib) have differing distributions of the sunna prayers, the point system for this game is based on the Shāfi‘ī Madhhab, according to which the sunna prayers are:

- 2 before Fajr
- 2 + 2 before Ṣuḥr, and 2 + 2 after Ṣuḥr
- 2 + 2 before ‘Aṣr
- 2 after Maghrib
- 2 after ‘Ishā’

AT START

“At Start” means that you pray the farḍ prayer within the first 15 minutes after the adhān in order to qualify for 1 extra point. If you are at the mosque and about to pray with the congregation, you can receive the At Start point even if the prayer is begun more than 15 minutes after the adhān. However, if you pray at the mosque separately from the imām, or pray it at home, you will not receive the points if it is prayed later than 15 minutes after the adhān. For the purposes of this game, there are no extra points for praying in congregation.

FAJR

2 rak‘ as sunna and 2 rak‘ as farḍ.

ZUHR

2 sets of 2 rak‘ as sunna, 4 rak‘ as farḍ, and 2 more sets of 2 rak‘ as sunna.

'AṢR

2 sets of 2 rak‘ as sunna and 4 rak‘ as farḍ.

MAGHRIB

3 rak‘ as farḍ and 2 rak‘ as sunna.

'ISHĀ

4 rak‘ as farḍ, 2 rak‘ as sunna, and 3 rak‘ as Witr.

ḌUḤĀ

Ṣalat al-Ḍuḥā (or Ṣalat al-Ishrāq) is a nafl prayer which is prayed any time from approximately 15 minutes after the sun has risen until 15 minutes before Zuhr begins. For this ṣalāh you may pray as many rak‘ as (in multiples of 2) as you like. For this game, there is a max of 6 points for 12 rak‘ as (1 point for every 2 rak‘ as).

SALAT AL-AWWĀBĪN

Ṣalāt al-Awwābīn is the prayer of those who turn to God in repentance repeatedly. It is a nafl prayer which is prayed between Maghrib and ‘Ishā’. The prophetic recommendation is to pray 3 sets of 2 rak‘ as immediately after Ṣalat al-Maghrib to attain the equivalent of 12 years of worship. It is therefore seen as an important prayer to establish regularly. There are a total of 3 daily points for this prayer – 1 point for every 2 rak‘ as.



FASTING

It has been suggested that the most apparent reason for the 10 days of Dhul-Hijja being distinguished in excellence is due to the combination of the greatest acts of worship in this period, i.e. prayers, fasting, charity, and Hajj. In no other period are these great deeds combined. For this reason, fasting is also encouraged in this competition with a daily award of 5 points.

ALTERNATIVE DAILY SCORESHEET GUIDE

The Alternative Daily Scoresheet is for the use of menstruating women only. It begins with tahajjud and ends with ‘Ishā’ each day. The ‘ibādāt on this sheet act as substitutes for prayer and Quran points.

The acts of worship for the tahajjud section and prayer alternative sections should be done while sitting and facing the qibla. Participants may choose to do them on a prayer rug or sitting on a chair.

TAHAJJUD

The alternative for 2 short rak‘as of tahajjud is 5 minutes of istighfār for 5 points. The alternative for Ṣalāt al-Tasābīḥ is 25 minutes of istighfār for 10 points. The alternative for Ṣalāt al-Ḥāja is 25 minutes of istighfār for another 10 points. The alternative for Qaḍā’ Yawm is 5 minutes of istighfār for 5 points. Half of the tahajjud istighfār (up to 30 minutes) can be done after ‘Ishā’, but the other half (at least 30 minutes) should be completed before Fajr, after sleeping and waking.

You can say the full phrase: astaghfirul-lāhal-‘azīm (I seek forgiveness from God the Majestic), or simply astaghfirul-lāh (I seek forgiveness from God).

7 ADHKĀR

These adhkār can be found in the 'Supplemental Du'ā' and Dhikr' section. They are to be repeated 25 times each at any time of the day. For the purposes of this game, these adhkār cannot be replaced with other dhikr or du'ā'. This may be done while walking around, driving, or any other activity that allows you to focus on the meaning of the phrase. It should not, however, be done while watching TV or talking, for example.

99 NAMES

6 points are awarded for reading Allah's 99 names 5 times. 12 points are awarded for reading Allah's 99 names a total of 10 times. A maximum of 18 points can be earned by reading Allah's 99 names a total of 15 times. A list of Allah's 99 names can be found in the 'Supplemental Du'ā' and Dhikr' section. These recitations may be done while walking around, driving, or any other activity that allows you to focus on the meaning of the names. They should not, however, be done while watching TV or talking, for example.

QURAN POINTS

Anyone who started their daily portion of Quran recitation and then had to switch to the alternate scoresheet within that day - without completing either Sūrat al-An'ām or Sūrat al-Baqara - will be able to receive full points for the sūra they started by completing the adhkār from the alternate scoresheet.

LĀ ILĀHA ILLAL-LĀH

7 points are awarded for 1000 repetitions of the phrase Lā ilāha illal-lāh. This may be done while walking around, driving, or any other activity that allows you to focus on the meaning of the phrase. It should not, however, be done while watching TV or talking, for example.

STAYING AWAKE UNTIL SUNRISE

To qualify for the 5 points, one should wake up at the start of Fajr time (or before) and stay up after Fajr until sunrise, because this is a blessed time. While it is preferred that this time be used for 'ibāda, you still receive points if you are doing housework or homework, etc. while you wait for the sun to rise.

FASTING

You may automatically award yourself the points for fasting for the days during which you are menstruating, regardless of whether you fasted when you could.

AT START

To qualify for these points, the tasbīḥ should be done within the actual time-frame for each prayer, sitting down, facing the qibla, not walking around doing other things. The idea is to keep up the Islamic prayer schedule even if you cannot pray. Of course, you can do them at a later time if you wish, but you will not be awarded points for them. There is 1 additional point for doing this “At Start” of each prayer.

ALTERNATIVE FAJR

Repeat the phrase Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar- 125 times as an alternative for the sunna of Fajr to receive 1 point, another 125 times for the farḍ of Fajr for another 1 point, for a total of 2 points.

ALTERNATIVE ṢUHR

Repeat the phrase Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar- 100 times for the first 4 rak‘ as sunna for 2 points, 50 times for the farḍ for 1 point, and 100 times for the final 4 rak‘ as sunna for 2 points, for a total of 5 points.

ALTERNATIVE MAGHRIB

Repeat the phrase Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar- 150 times for the farḍ for 1 point and 100 times for the sunna for 1 point, for a total of 2 points.

ALTERNATIVE ḌUḤĀ

Repeat the phrase Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar- 41 times for every 1 point, for a total of 6 points.

ALTERNATIVE 'AṢR

Repeat the phrase Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar- 100 times for the first 4 rak‘ as sunna for 2 points and 150 times for the farḍ for 1 point, for a total of 3 points.

ALTERNATIVE SALAT AL-AWWĀBĪN

3 points are awarded for 501 ṣalawāt (Allāhumma ṣalli ‘alā Sayyidinā Muḥammad) recited as an alternative for Ṣalāt al-Awwābīn.

ALTERNATIVE 'ISHĀ

Repeat the phrase Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar- 150 times for the farḍ for 1 point, 50 times for the sunna for 1 point, and 50 times for the Witr for 2 points, for a total of 4 points.



‘ARAFA SCORESHEET GUIDE

The day of ‘Arafa is the 9th day of Dhul-Hijja, which the pilgrims spend standing on Mount ‘Arafa in dhikr and du‘ā’. The ‘Arafa Scoresheet contains extra ‘ibādāt that we may do at home to take part in this blessed day and add our voices to the voices of the pilgrims. The points for the ‘Arafa Scoresheet will be added to the regular daily ‘ibāda schedule. This means that there are 200 total points available on the day of ‘Arafa. The ‘Arafa Scoresheet may be completed between Fajr and Maghrib on the day of ‘Arafa.

SŪRAT AL-IKHLĀṢ

Sūrat al-Ikhlāṣ is the 112th chapter in the Quran. To receive the full 40 points, it should be read 1100 times. For partial points, one may earn 10 points for each 275 times it is read.

LĀ ILĀHA ILLĀ ALLAH WAḤDAHU LĀ SHARĪKA LAH, LAHU-L-MULKU WA LAHU-L-ḤAMDU, WA HUWA ‘ALĀ KULLI SHAY’IN QADĪR

The Arabic text, translation, and transliteration of this can be found in the ‘Supplemental Du‘ ā ’ and Dhikr’ section. It should be read 100 times for the ten points. There are no partial points.

SŪRAT AL-FĀTIḤA

Sūrat al-Fātiḥa is the first chapter in the Quran. It should be read 100 times for the 10 points. There are no partial points.

ASH-HADU AL-LĀ ILĀHA ILLAL-LĀHU WAḤDAHU LĀ SHARĪKA LAH, WA ANNA MUḤAMMADAN ‘ABDUHU WA RASŪLUH

The Arabic text, translation, and transliteration of this can be found in the ‘Supplemental Du‘ ā ’ and Dhikr’ section. It should be read 100 times for the 10 points. There are no partial points.

SUBḤĀNAL-LĀH WAL-ḤAMDU LIL-LĀH WA LĀ ILĀHA ILLAL-LĀHU WAL-LĀHU AKBAR, WA LĀ ḤAWLA WA LĀ QUWWATA ILLĀ BIL-LĀH

The Arabic text, translation, and transliteration of this can be found in the ‘Supplemental Du‘ ā ’ and Dhikr’ section. It should be read 100 times for the 10 points. There are no partial points.

AL-ṢALAWĀT AL-IBRĀHĪMIYYA

The Arabic text, translation, and transliteration of this can be found in the ‘Supplemental Du‘ ā ’ and Dhikr’ section. It should be read 100 times for the 10 points. There are no partial points.

READING OF SŪRAT AL-ANBIYĀ’ WITH PRAYERS UPON EACH PROPHET MENTIONED IN IT

Sūrat al-Anbiyā’ is the 21st chapter in the Quran. It should be read once for the 5 points, with prayers sent upon each prophet by saying the phrase “‘alayhis-salām” after his name is mentioned in the sūra.

READING OF SŪRAT AL-ḤAJJ WITH PRAYERS UPON EACH PROPHET MENTIONED IN IT

Sūrat al-Ḥajj is the 22nd chapter in the Quran. It should be read once for the 5 points, with prayers sent upon each prophet by saying the phrase “‘alayhis-salām” when his name is mentioned in the sūra.

ALTERNATIVE ‘ARAFA SCORESHEET GUIDE

The ‘ibādāt on this sheet act as a substitute for prayer and Quran points during menstruation. The ‘Arafa Scoresheet contains extra ‘ibādā that may be done in addition to the regular Daily Scoresheet. This means that there are actually 200 points available on ‘Arafa day. The ‘Arafa Scoresheet may be started after Fajr comes in and ends at Maghrib on ‘Arafa day.

99 NAMES

These can be found in the ‘Supplemental Du‘ā’ and Dhikr’ section. They should be done sitting down facing the qibla, not when doing other things. You can receive a maximum of 40 points for reading Allah’s 99 Names 60 times. You can also receive partial points, 10 points for each 15 times you read them.

Thus:

10 points for reading them 15 times
20 points for reading them 30 times
30 points for reading them 45 times
40 points for reading them 60 times

THE ARABIC TEXT, TRANSLATIONS, AND TRANSLITERATIONS OF THE FOLLOWING FIVE ADHKĀR CAN BE FOUND IN THE ‘SUPPLEMENTAL DU‘Ā’ AND DHIKR’ SECTION. EACH ONE EARNS 10 POINTS WHEN READ 100 TIMES. THERE ARE NO PARTIAL POINTS.

Lā ilāha illā Allah
waḥdahu lā
sharīka lah, lahu-l-
mulku wa lahu-l-
ḥamdu, wa huwa
‘alā kulli shay’ in
Qadīr

Yā Ḥayyu, Yā
Qayyūm

Ash-hadu al-lā
ilāha illal-lāhu
waḥdahu lā
sharīka lah, wa
anna
Muḥammadan
‘abduhu wa
rasūluh

Subḥānal-lāh,
wal-ḥamdu lil-lāh,
wa lā ilāha illal-
lāh, wal-lāhu
akbar,
wa lā ḥawla wa lā
quwwata illā bil-
lāh

Al-Ṣalawāt
al-Ibrāhīmiyya

THE PRAYER WHICH THE PROPHET ﷺ AND PROPHETS BEFORE HIM REPEATED MOST ON THE DAY OF ‘ARAFA.

This du‘ā’ can be found in the ‘Supplemental Du‘ā’ and Dhikr’ section. It should be read 3 times for 5 points. There are no partial points.

AL-ṢALAWĀT AL-IBRĀHĪMIYYA

It should be read 10 times for 5 points. There are no partial points.

A photograph of a white ceramic vase filled with white flowers and green leaves, sitting on a table covered with a white lace cloth. The background is a soft, out-of-focus light color. The title 'EID SCORESHEET GUIDE' is overlaid on the image.

EID SCORESHEET GUIDE

The Daily Scoresheet used for recording daily Quran and farḍ prayers for the first 9 days of Dhul-Hijja ends with ‘Ishā’ on the day of ‘Arafa. Thereafter the schedule on the Eid Scoresheet should be used. Since the merits of staying awake in worship on Eid night are so great, tahajjud prayers may be started after ‘Ishā’ and prayed, either as tahajjud or qiyām, at any time before Fajr on the day of Eid. All items on the Eid Scoresheet should be completed by Maghrib on Eid day, with the exception of the khitma and the uḍḥiya, which may be completed any time during the 4 days of Eid for points.

2 RAK‘AS TAHAJJUD

These are the same as the 2 rak‘as tahajjud on the Daily Scoresheet. Please see the scoring guide above for details.

ṢALĀT AL-TASĀBĪḤ

This is the same as the Ṣalāt al-Tasābīḥ on the Daily Scoresheet. Please see the scoring guide for the Daily Scoresheet above for details.

ṢALĀT AL-ḤĀJA

This is the same as Ṣalāt al-Ḥāja on the Daily Scoresheet. Please see the scoring guide for the Daily Scoresheet above for details.

TAKBĪRĀT AL-EID

Takbīrāt al-Eid should be recited from Maghrib time on Eid night all the way through to Ṣalāt al-Eid. The Eid takbīrāt can be found in the 'Supplemental Du‘ā’ and Dhikr' section. They should be recited 25 times at any point during the first day of Eid for 25 points.

STAYING AWAKE UNTIL SUNRISE

To qualify for the 5 points, one should stay up after Fajr until sunrise because this is a blessed time. While it is preferred that this time be used for ‘ibāda, you still receive points if you are doing housework or homework, etc. while you wait for the sun to rise.

FIVE DAYS QAḌĀ’

There is a total of 50 points available for the Qaḍā’ column on Eid day. This is because you can earn up to 5 days’ worth of Qaḍā’ points - that is, either 10 points per full day or 2 points for each farḍ prayer (i.e. 2 points for Fajr, 2 points for Ṣuhr, etc.)

The 5 days Qaḍā’ on Eid night is to encourage Iḥyā’ al-Layl (staying up through the night in worship) as per the ḥadīth:

“The one who spends the night of both Eids in worship for the sake of Allah, his heart will not die on the day that hearts die.” [Sunan Ibn Māja]

ṢALĀT AL-EID

The Eid prayer may be performed any time between the complete rising of the sun and 15 minutes before the start of the Ṣuhr prayer on Eid day. If prayed individually, you receive 25 points.

Eid prayer is composed of two rak‘as. One repeats the phrase Allāhu Akbar seven times in the first rak‘a and five in the second, then recites Sūrat al-Fātiḥa and a second sūra in each rak‘a.

BONUS FOR PRAYING ṢALĀT AL-EID IN JAMĀ‘A (CONGREGATION)

If you pray Ṣalāt al-Eid in jamā‘a, either at the mosque or at home in congregation, award yourself 20 bonus points.

KHITMA

A khitma, or khatm, is a reading of the whole Quran from beginning to end. There are 100 points for a completed khitma before the fourth day of Eid, which should be recorded on the Eid Scoresheet. The khitma should be completed in Arabic. Those not able to read the Arabic can listen to a recording of it while following along in the Quran and receive the same number of points. For the purposes of this competition, you do not receive points for reading the translation or for listening while doing other things.

You can either read a khitma yourself or share one amongst your team, but there are no partial points available for this activity; the whole Quran should be read. If you have read certain chapters of the Quran at any point during the ten days, such as Sūrat al-Baqara and Sūrat al-An‘ām, you may count these towards your khitma; you do not have to read them separately and specifically for the khitma. The maximum number of awarded khitmas per group is five, whether they are read alone or as a team.

If participants find themselves having to choose between reading Sūrat al-Baqara and Sūrat al-An‘ām daily versus working on a khitma, they are encouraged to do whichever ‘ibāda they feel more comfortable with. You may work on your khitma whether or not you have finished reading Sūrat al-Baqara and Sūrat al-An‘ām on any given day.

UḌḤIYA (SACRIFICE)

The uḍḥiya is an important sunna of these days of Dhul-Ḥijja. 50 points are awarded for purchasing an animal. The points count no matter where you purchase it from, even if it is online.

If a player on your team does not have the means to pay for an uḍḥiya, there is an alternative! For the purpose of this game the player should complete 5 hours of community service within 1 or 2 days. We encourage all players to plan ahead and, in shā’ Allāh, save up for next year’s uḍḥiya.

To earn the points, the uḍḥiya should be completed and scores submitted before the 4th day of Eid. To earn points for the community service, the 5 hours must be completed consecutively and within the 13 days of the game. In following with the fiqh ruling on shared uḍḥiya, team members may share an uḍḥiya, but only if they are sacrificing a cow. The group uḍḥiya is not applicable to sheep.

You will not receive the 50 points for the uḍḥiya if someone else pays on your behalf (i.e. a family member such as your father or husband).



ALTERNATIVE EID SCORESHEET GUIDE

The ‘ibādāt on the alternative sheet act as a substitute for prayer and Quran points during menstruation. The Daily Scoresheet used for recording daily Quran and farḍ prayers for the first 9 days of Dhul-Hijja ends with ‘Ishā’ on the day of ‘Arafa. Thereafter, the schedule on the Eid Scoresheet should be used. Since the merits of staying awake in worship on Eid night are so great, the 2 hours of adhkar (see below) can be completed at any time before Fajr on the day of Eid. All items on the Eid Scoresheet should be completed by Maghrib on Eid day, with the exception of the khitma and the uḍḥiya, which may be completed any time during the 4 days of Eid for points.

ISTIGHFĀR

Five points for repeating astaghfirul-lāhal-‘aẓīm, or just astaghfirul-lāh, for 30 minutes. There are no partial points.

ṢALAWĀT

10 points for repeating Allāhumma ṣalli ‘alā Sayyidinā Muḥammad, for 20 minutes, and an additional 10 points for repeating another 20 minutes, for a total of 20 points.

LĀ ILĀHA ILLAL-LĀH

50 points for repeating Lā ilāha illal-lāh for 50 minutes. There are no partial points.

STAYING AWAKE UNTIL SUNRISE

To qualify for the 5 points, one should stay up after Fajr until sunrise because this is a blessed time. While it is preferred that this time be used for ‘ibāda, you still receive points if you are doing housework or homework, etc. while you wait for the sun to rise.

AL-ṢALAWĀT AL-IBRĀHĪMIYYA

25 points for repeating Al-Ṣalawāt al-Ibrāhīmiyya 10 times. There are no partial points.

ATTEND EID PRAYER

20 points for attending Ṣalāt al-Eid. There are no partial points.

TAKBĪRĀT AL-EID

The Eid takbīrāt can be found in the ‘Supplemental Du‘ā’ and Dhikr’ section. You should repeat these 25 times before Ṣalāt al-Eid to earn 25 points. There are no partial points.

KHITMA

The same rules apply here for the khitma as the Eid Scoresheet above. Please note you can only claim khitma points if the entire Quran was recited when you/your team members did have prayer. Participants who cannot complete a khitma due to menstruation may repeat astaghfirul-lāhal-‘aẓīm, or just astaghfirul-lāh 70,000 times to receive the 100 khitma points.

UḌḤIYA (SACRIFICE)

The same rules apply here in the Alternative Eid Scoresheet as the Praying Eid Scoresheet above.

GENERAL FAQ

Q: I am on my period and hence can't pray! Can I still play the game?

A: Yes! Each scoresheet is accompanied by an alternative schedule that includes substitutions for acts of worship that cannot be completed while on one's period, such as praying and reading Quran. Not all activities have a direct substitute, however the total number of points on each alternative scoresheet matches the total number of points possible on each standard scoresheet. Please see the scoresheets for details.

Q: I accidentally forgot to finish my Ṣalāt al-Tasābiḥ. Can I make it up later?

A: If you forget any given 'ibāda, you can make it up later for reward (ḥasanāt), however to receive the points in this competition, the 'ibāda should be done within its specified time.

Q: Are the only 'ibādāt that count are those that are listed on the sheet? Can we receive extra points for doing 'amal ṣāliḥ (good deeds)? For example, visiting the sick, taking food to a poor family, cleaning the masjid?

A: We understand that all types of 'amal ṣāliḥ do earn you reward with Allah, and they are all considered 'ibāda in Islam. However, the purpose of this particular competition is to strengthen our 'ibāda muscles and break out of our limited habits. So, for this competition, only the items on the scoresheets will count towards your point totals. No more than the allotted points in any given category may be earned.

Q: Points for travelers.

A: Travelers can get full points for shortened farḍ prayers, but need to pray full sunnas to earn the sunna points.



SUPPLEMENTAL DU‘Ā’ AND ADHKĀR

99 NAMES OF ALLAH

أَسْمَاءُ اللَّهِ الْحُسْنَى:

نَسْأَلُكَ يَا مَنْ هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ - الرَّحِيمُ - الْمَلِكُ -
الْقُدُّوسُ - السَّلَامُ - الْمُؤْمِنُ - الْمُهِيمُنُ - الْعَزِيزُ - الْجَبَّارُ - الْمُتَكَبِّرُ -
الْخَالِقُ - الْبَارِئُ - الْمُصَوِّرُ - الْغَفَّارُ - الْقَهَّارُ - الْوَهَّابُ - الرَّزَّاقُ - الْفَتَّاحُ -
الْعَلِيمُ - الْقَابِضُ - الْبَاسِطُ - الْخَافِضُ - الرَّافِعُ - الْمُعِزُّ - الْمُذِلُّ - السَّمِيعُ
- الْبَصِيرُ - الْحَكَمُ - الْعَدْلُ - اللَّطِيفُ - الْخَبِيرُ - الْحَلِيمُ - الْعَظِيمُ - الْغَفُورُ
- الشَّكُورُ - الْعَلِيُّ - الْكَبِيرُ - الْحَفِيفُ - الْمُقِيتُ - الْحَسِيبُ - الْجَلِيلُ -
الْكَرِيمُ - الرَّقِيبُ - الْمُجِيبُ - الْوَاسِعُ - الْحَكِيمُ - الْوَدُودُ - الْمَجِيدُ -
الْبَاعِثُ - الشَّهِيدُ - الْحَقُّ - الْوَكِيلُ - الْقَوِيُّ - الْمُتَيْنُ - الْوَلِيُّ - الْحَمِيدُ -
الْمُحْصِي - الْمُبْدِئُ - الْمُعِيدُ - الْمُحْيِي - الْمُمِيتُ - الْحَيُّ - الْقَيُّومُ -
الْوَاحِدُ - الْمَاجِدُ - الْوَاحِدُ - الْأَحَدُ - الصَّمَدُ - الْقَادِرُ - الْمُقْتَدِرُ - الْمُقَدِّمُ
- الْمُؤَخِّرُ - الْأَوَّلُ - الْآخِرُ - الظَّاهِرُ - الْبَاطِنُ - الْوَالِي - الْمُتَعَالِي - الْبَرُّ -
النَّوَّابُ - الْمُنتَقِمُ - الْعَفُوُّ - الرَّؤُوفُ - مَالِكُ الْمُلْكِ ذُو الْجَلَالِ وَالْإِكْرَامِ -
الْمُقْسِطُ - الْجَامِعُ - الْغَنِيُّ - الْمُغْنِي - الْمَانِعُ - الصَّارُ - النَّافِعُ - النُّورُ -
الْهَادِي - الْبَدِيعُ - الْبَاقِي - الْوَارِثُ - الرَّشِيدُ - الصَّبُورُ .

99 NAMES OF ALLAH

We ask you O Allah, Who is al-Raḥmān al-Raḥīm
al-Malik al-Quddūs al-Salām al-Mu' min al-
Muhaymin al-' Azīz al-Jabbār al-Mutakabbir al-
Khāliq al-Bāri' al-Muṣawwir al-Ghaḥfār al-Qaḥhār
al-Waḥhāb al-Razzāq al-Fattāḥ al-' Alīm al-Qābiḍ
al-Bāsiṭ al-Khāfiḍ al-Rāfi' al-Mu' izz al-Mudhill al-
Samī' al-Baṣīr al-Ḥakam al-' Adl al-Laṭīf al-Khabīr
al-Ḥalīm al-' Azīm al-Ghaḥfūr al-Shakūr al-' Alī al-
Kabīr al-Ḥafīẓ al-Muqīt al-Ḥasīb al-Jalīl al-Karīm al-
Raḳīb al-Mujīb al-Wāsi' al-Ḥakīm al-Wadūd al-
Majīd al-Bā' ith al-Shahīd al-Ḥaqq al-Wakīl al-Qawī
al-Matīn al-Walī al-Ḥamīd al-Muḥṣī al-Mubdi' al-
Mu' īd al-Muḥyī al-Mumīt al-Ḥayy al-Qayyūm al-
Wājīd al-Mājid al-Wāḥid al-Aḥad al-Ṣamad al-Qādir
al-Muqtadir al-Muqaddim al-Mu' akhir al-Awwal al-
Ākhir al-Zāhir al-Bāṭin al-Wālī al-Muta' ālī al-Barr al-
Tawwāb al Muntaqim al-' Afuww al-Ra' ūf Mālik al-
Mulk Dhū al-Jalāl wa-l-Ikrām al-Muqsiṭ al-Jāmi' al-
Ghanī al-Mughnī al-Māni' al-Ḍārr al-Nāfi' al-Nūr al-
Hādī al-Badī' al-Bāqi al-Wārith al-Rashīd al-Ṣabūr.

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Lā ḥawla wa lā quwwata illā bil-lāhil- ‘aliyyil- ‘aẓīm

No power nor strength is there but through God

حَسْبِيَ اللَّهُ وَنِعْمَ الْوَكِيلُ نِعْمَ الْمَوْلَى وَنِعْمَ النَّصِيرُ

Ḥasbiyal-lāhu wa ni ‘mal-wakīl, ni ‘mal-mawlā wa ni ‘man-naṣīr

Allah suffices me and He is the best to depend on, the best Lord, and the best Helper

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ نَسْتَغِيْثُ أَغْنِنَا

Yā ḥayyu yā qayyūm biraḥmatika nastaghīthu aghithnā

O Living, O Caregiving, Your Mercy we plead for, help us

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِيْنَ

Lā ilāha illā anta, subḥānaka, innī kuntu minaz-ẓālimīn

There is no God but You, praise be to You, verily I was amongst the unjust

سَلَامٌ قَوْلًا مِّن رَّبِّ رَحِيْمٍ

Salāmun qawlam-mir-rabbir-raḥīm

Peace, the words of a Merciful Lord

لَيْسَ لَهَا مِنْ دُونِ اللَّهِ كَاشِفَةٌ

Laysa lahā min dūnil-lāhi kāshifah

No one less than God can lift this

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ بِقَدْرِ حُبِّكَ فِيهِ، وَزِدْنَا يَا مَوْلَانَا حُبًّا فِيهِ

اللَّهُمَّ بِجَاهِهِ عِنْدَكَ فَرِّجْ عَنَّا مَا نَحْنُ فِيهِ

Allāhumma ṣalli ‘alā Sayyidinā Muḥammadin biqadri ḥubbika fīh, wa zidnā yā mawlānā ḥubban fīh, Allāhumma bi jāhihi ‘indaka farrij ‘annā mā naḥnu fīh

O God, send prayers, salutations, and blessings upon our Prophet Muḥammad as [great as] the extent of Your love for him and increase us, our Lord, in love for him. O God, by virtue of his rank with You, relieve us of the difficulties which we are in

‘ARAFĀ DAY ADHKĀR (SUPPLICATIONS)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Lā ilāha illal-lāhu waḥdahu lā sharīka lah, lahul-mulku wa lahul-ḥamd, wa huwa ‘alā kulli shay’in qadīr

There's no God except Allah alone, with no partners; to Him belongs all sovereignty and praise, and He is over all things omnipotent

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu al-lā ilāha illal-lāhu waḥdahu lā sharīka lah, wa anna Muḥammadan ‘abduhu wa rasūluh

I bear witness that there is no God except Allah alone, with no partners, and that Muḥammad is His servant and messenger

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Subḥānal-lāh wa-l-ḥamdu lillāh wa lā ilāha illā Allāh wallāhu akbar, wa lā ḥawla wa lā quwwata illā bi-Llāh

Glory be to Allah, and praise be to Allah, there is no God except Allah, God is greater, and there is no power or might except through Allah

AL-ŞALAWĀT AL-IBRĀHĪMIYYA

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ، وَعَلَى آلِ مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ، وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ، وَبَارِكْ عَلَى مُحَمَّدٍ، وَعَلَى آلِ مُحَمَّدٍ، كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ، وَعَلَى آلِ إِبْرَاهِيمَ، فِي الْعَالَمِينَ إِنَّكَ حَمِيدٌ مَجِيدٌ.

Allāhumma ṣalli ‘alā Muḥammad wa ‘alā āli Muḥammad, kamā ṣallayta ‘alā Ibrāhīm wa ‘alā āli Ibrāhīm, innaka ḥamīdun majīd, wa bārik ‘alā Muḥammad wa ‘alā āli Muḥammad, kamā bārakta ‘alā Ibrāhīm wa ‘alā āli Ibrāhīm, fi al-‘ālamīna innaka ḥamīdun majīd.

O God, send prayers upon Muḥammad and the family of Muḥammad, as You have sent prayers upon Ibrāhīm and the family of Ibrāhīm, You are truly most praiseworthy and noble, and send blessings upon Muḥammad and the family of Muḥammad, as You have sent prayers upon Ibrāhīm and the family of Ibrāhīm. In all the worlds, You are truly most praiseworthy and noble.

The Prayer which the Prophet ﷺ and prophets before him repeated most on the Day of ‘Arafa

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، اللَّهُمَّ اجْعَلْ فِي قَلْبِي نُورًا، وَفِي سَمْعِي نُورًا، وَفِي بَصَرِي نُورًا، اللَّهُمَّ اشْرَحْ لِي صَدْرِي، وَيَسِّرْ لِي أَمْرِي، وَأَعُوذُ بِكَ مِنْ وَسْوَاسِ الصَّدْرِ، وَشَتَاتِ الْأَمْرِ، وَفِتْنَةِ الْقَبْرِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ مَا يَلِجُ فِي اللَّيْلِ وَشَرِّ مَا يَلِجُ فِي النَّهَارِ وَشَرِّ مَا تَهْبُطُ بِهِ الرِّيَّاحُ.

Lā ilāha illā Allāhu waḥdahū lā sharīka lah, lahu al-mulku wa lahu al-ḥamdu, wa huwa ‘alā kulli shay’ in Qadīr. Allāhumma ij‘al fī qalbī nūran, wa-fī sam‘ī nūran, wa-fī baṣarī nūran. Allāhumma ishrah lī ṣadrī, wa-yassir lī amrī, wa-a‘ūdhu bika min wasāwis al-ṣadr, wa-shatāt al-amr, wa-fitnat al-qabr Allāhumma innī a‘ūdhu bika min sharri mā yaliju fi al-layl, wa sharri mā yaliju fi al-nahār, wa sharri mā tahibbu bihi al-riyāḥ.

There is no god except Allah alone, without partners. To Him belongs all sovereignty and praise, and He is over all things omnipotent. O Allah, place in my heart light, and in my hearing light, and in my sight light. O Allah, expand for me my chest; ease for me my task. I seek protection in You from the whisperings in the chest, from confusion, and from the trial of the grave. O Allah, truly I seek protection in You from the evil that takes place in the night, and the evil that takes place in the day, and the evil carried by the winds.

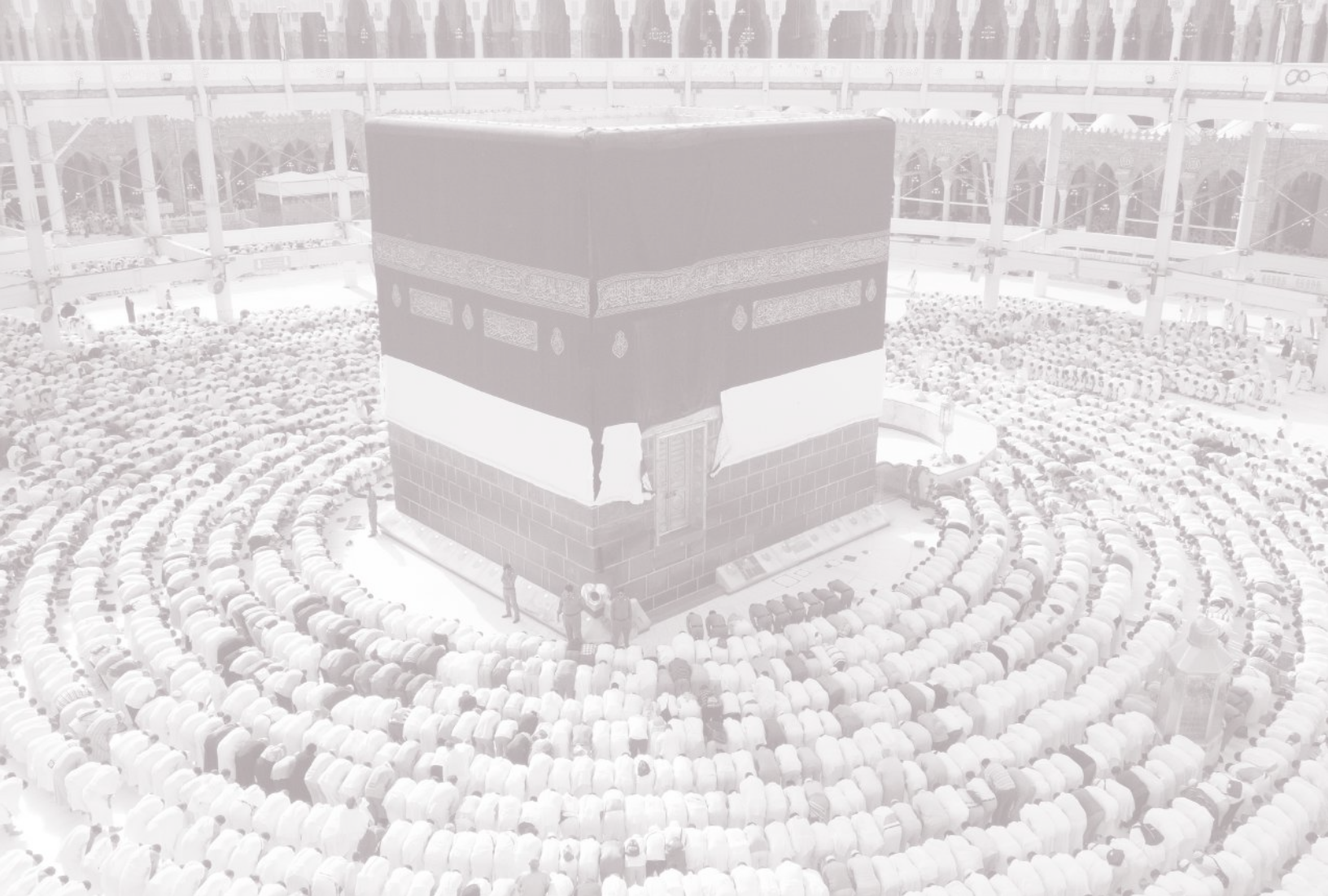
TAKBĪRĀT AL-EID

(EID SUPPLICATIONS)

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ، اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ، اللَّهُ أَكْبَرُ كَبِيرًا، وَالْحَمْدُ لِلَّهِ كَثِيرًا، وَسُبْحَانَ اللَّهِ وَبِحَمْدِهِ بُكْرَةً وَأَصِيلًا ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، صَدَقَ وَعْدُهُ، وَنَصَرَ عَبْدَهُ، وَأَعَزَّ جُنْدَهُ، وَهَزَمَ الْأَحْزَابَ وَحْدَهُ، لَا إِلَهَ إِلَّا اللَّهُ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ، اَللّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ، وَعَلَى أَصْحَابِ سَيِّدِنَا مُحَمَّدٍ، وَعَلَى أَنْصَارِ سَيِّدِنَا مُحَمَّدٍ، وَعَلَى أَزْوَاجِ سَيِّدِنَا مُحَمَّدٍ، وَعَلَى ذُرِّيَّةِ سَيِّدِنَا مُحَمَّدٍ وَسَلِّمْ تَسْلِيمًا كَثِيرًا، رَبِّ اغْفِرْ لِي وَلِوَالِدَيَّ رَبِّ ارحمهما كما ربياني صغيراً

Allāhu Akbar, Allāhu Akbar, Allāhu Akbar. Lā ilāha illā Allāh. Allāhu Akbar, Allāhu Akbar, wa li-Lāhi-l-ḥamd. Allāhu Akbar kabīrā, wa-l-ḥamdu lillāhi kathīrā, wa subḥanallāhi wa bi-ḥamdihi bukratan wa aṣīlā. Lā ilāha illā Allāha waḥdah, ṣadaqa wa ʿdah, wa-naṣara ʿabdah, wa-aʿazza jundahu wa-hazama al-aḥzāba waḥdah. Lā ilāha illā Allāh, wa-lā naʿbudu illā iyyāh, mukhlīṣīna lahu al-dīna wa-law kariha al-kāfirūn. Allāhumma salli ʿalā Sayyidinā Muḥammad, wa-ʿalā āli Sayyidinā Muḥammad, wa-ʿalā aṣḥābi Sayyidinā Muḥammad, wa-ʿalā anṣāri Sayyidinā Muḥammad, wa-ʿalā azwājī Sayyidinā Muḥammad, wa-ʿalā dhuriyyati Sayyidinā Muḥammad wa-sallim tasliman kathīrā. Rabbighfir lī wa-li-wālidayy, rabbi-r-ḥamhumā kamā rabbayānī saghīrā.

God is the Greatest. There is no god but the One True God. God is the Greatest and to Him is all praise. God is the Greatest, the Greatest. To Him is the abundant praise. Glory and thanks be to Him, day and night. There is no god but God, the One True God. He fulfilled His promise, supported His servant, He strengthened His soldiers and defeated the disbelieving party. There is nothing before Him or after Him. There is no god but God and we worship none but Him. With sincere devotion in spite of the disbelievers. Oh God exalt and bless our Prophet Muḥammad, and bless the family of our Prophet Muḥammad, and bless the companions of our Prophet Muḥammad, and bless the wives of our Prophet Muḥammad, and bless the descendants of our Prophet Muḥammad, and salute all of them with much peace. My Lord, forgive me and my parents. My Lord, have mercy on both of them just as they raised me in childhood.



PILGRIMS AT HOME SCORESHEETS

PRAYER SCORESHEET

[illegible]

'Ibāda			Pnts	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	
Tahajjud	5 mins istighfār		5										
	25 mins istighfār		10										
	25 mins istighfār		10										
	5 mins istighfār		5										
7 Adhkār x25	May do these while doing activities where you can still focus on the meaning of the phrases.		5										
Lā ilāha illallāh x 1000			7										
99 Names x 5			6										
99 Names x 5			6										
99 Names x 5			6										
Awake until Sunrise			5										
Fajr (Total: 250)	Subhān Allāh, wa-l-ḥamdu lillāh, wa-lā ilāha illā Allāh, wallāhu akbar" for each prayer. Must be done while sitting facing the qibla, not walking around doing other things.	x 125	1										
		x 125	1										
		At Start	1										
Duḥā (Total: 246)		x 41	1										
		x 41	1										
		x 41	1										
		x 41	1										
		x 41	1										
		x 41	1										
		x 41	1										
Ẓuhr (Total: 250)		x 50	1										
		x 50	1										
		x 50	1										
		x 50	1										
		x 50	1										
		At Start	1										
		'Aṣr (Total: 250)	x 50	1									
			x 50	1									
			x 150	1									
At Start	1												
Maghrib (Total: 250)	x 150	1											
	x 100	1											
	At Start	1											
Awwābīn	Ṣalawāt x 501	x 167	1										
		x 167	1										
		x 167	1										
'Ishā' (Total: 250)	Same as other Farḍ prayers	x 150	1										
		x 50	1										
		x 50	2										
		At Start	1										
Fast			5										
Total			100										

'ARAFAT SCORESHEET

Adhkār	Repetitions	Pnts	Your Score
Sūrat al-Ikhlās	x 275	10	
Sūrat al-Ikhlās	x 275	10	
Sūrat al-Ikhlās	x 275	10	
Sūrat al-Ikhlās	x 275	10	
Lā ilāha illā Allah waḥdahu lā sharīka lah, lahu-l-mulku wa lahu-l-ḥamdu, bi-yadihi-l-khayru, wa huwa 'alā kulli shay'in Qadīr	x 100	10	
Sūrat al-Fātiḥa	x 100	10	
Ash-hadu anna lā ilāha illā Allāhu waḥdahu lā sharīka lah, wa anna Muḥammadan 'abduhu wa rasūluh	x 100	10	
Subḥān Allah wa-l-ḥamdu lillāh wa lā ilāha illā Allāh wallāhu akbar, wa lā ḥawla wa lā quwwata illā bi-Llāh	x 100	10	
Al-Ṣalawāt al-Ibrāhīmiyya	x 100	10	
Reading of Sūrat al-Anbiyā' with prayers upon each prophet mentioned in it	x 1	5	
Reading of Sūrat al-Ḥajj with prayers upon each prophet mentioned in it	x 1	5	
Total		100	

ALTERNATIVE 'ARAFAT SCORESHEET

Adhkār	Repetitions	Pnts	Your Score
99 Names of Allah	x 15	10	
99 Names of Allah	x 15	10	
99 Names of Allah	x 15	10	
99 Names of Allah	x 15	10	
Lā ilāha illā Allah waḥdahu lā sharīka lah, lahu-l-mulku wa lahu-l-ḥamdu, bi-yadihi-l-khayru, wa huwa 'alā kulli shay'in Qadīr	x 100	10	
Yā Ḥayyu, yā Qayyūm	x 100	10	
Ash-hadu anna lā ilāha illā Allāhu waḥdahu lā sharīka lah, wa anna Muḥammadan 'abduhu wa rasūluh	x 100	10	
Subḥān Allah wa-l-ḥamdu lillāh wa lā ilāha illā Allāh wallāhu akbar, wa lā ḥawla wa lā quwwata illā bi-Llāh	x 100	10	
Al-Ṣalawāt al-Ibrāhīmiyya	x 100	10	
The Prayer which the Prophet (s) and Prophets before him repeated most on the Day of 'Arafa	x 3	5	
Al-Ṣalawāt al-Ibrāhīmiyya	x 10	5	
Total		100	

EID SCORESHEET

'Ibāda	Pnts	Your Score
2 rak'as Tahajjud	5	
Ṣalāt al-Tasābīḥ	10	
Ṣalāt al-Ḥaja	10	
5 Days Qaḍā'	50	
Awake till Sunrise	5	
Takbīrāt al-Eid x 25	25	
2 raka's Ṣalāt al-Eid	25	
Pray Ṣalāt al-Eid in jamā'a (Congregation)	20	
Khitma	100	
Uḍḥiya (Sacrifice)	50	
Total	300	

ALTERNATIVE EID SCORESHEET

'Ibāda	Pnts	Your Score
Istighfār	30 mins	5
Allāhumma ṣalli 'alā sayyidinā Muḥammad	20 mins	10
	20 mins	10
Lā ilāha illā Allāh	50 mins	50
Awake until Sunrise		5
Takbīrāt al-Eid	x 25	25
Al-Ṣalawāt al-Ibrāhīmiyya	x 10	25
Attend Ṣalāt al-Eid		20
70000 Istighfār		100
Uḍḥiya (Sacrifice)		50
Total		300

PILGRIMS AT HOME

Annual 'Ibāda Competition

FINAL INDIVIDUAL SCORESHEET		
	Points Possible	My Total Points
Day 1	100	
Day 2	100	
Day 3	100	
Day 4	100	
Day 5	100	
Day 6	100	
Day 7	100	
Day 8	100	
Day 9 'Arafa	100	
Arafa Scoresheet	100	
Eid Scoresheet	300	
TOTAL	1300	

PILGRIMS AT HOME

Annual 'Ibāda Competition

TEAM LEADER SCORESHEET

	Team Leader #1	Team Member #2	Team Member #3	Team Member #4	Team Member #5	TOTAL
Day 1						
Day 2						
Day 3						
Day 4						
Day 5						
Day 6						
Day 7						
Day 8						
Day 9 'Arafa						
'Arafa Scoresheet						
Eid Scoresheet						
TOTAL						

OUR MISSION

Rabata creates positive cultural change through creative educational experiences.

OUR VISION

Rabata envisions a rising tide of Muslim women teachers, faith leaders, and community stewards in every digital and local neighborhood around the world.

OUR THEORY OF CHANGE

At Rabata, we work to build a better society through the educational and spiritual development of women by women, amplifying the female voice in scholarship and publishing, and graduating teachers and religious leaders ready to serve their communities.

OUR VALUES

- Knowledge
- Commitment
- Courage
- Positivity
- Hard work
- Leadership
- Spirituality

VISIT US

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