

The background of the cover is a soft-focus photograph of a person's hands holding a string of wooden prayer beads (tasbeeh) against a light, hazy background. The scene is decorated with numerous white, starburst-like light effects scattered across the right side. A solid green horizontal line is positioned below the title text.

PILGRIMS AT HOME GAME MANUAL

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PILGRIMS AT HOME GAME MANUAL

INTRODUCTION

WELCOME TO PILGRIMS AT HOME

Pilgrims at Home is an annual challenge that brings together teams and individuals from around the world to take advantage of the blessed first 10 days of Dhūl-Ḥijja. We all hope to be invited one day to perform Hajj with the pilgrims. In the meantime, we are pilgrims to our Lord while we remain at home.

This joint effort is designed to help us encourage one another, build healthy competition, and strengthen our bonds of sisterhood during these sacred days. Pilgrims at Home is like an “‘ibāda Olympics,” helping us train and grow our acts of worship at a time when they may be fading after the spiritual high of Ramadan.

The score sheets help teams around the world track and grow their daily worship. Each participant should send her scores to her team leader every day. At the end of the 10 days, the scores will be added up and the winning group announced!

To help guide you, we’ve included an appendix at the end of this packet. There, you’ll find step-by-step instructions for completing each type of prayer or act of worship listed in the score sheets, along with hadith citations to support and inspire your practice.



THE FIRST TEN DAYS OF DHŪL-HIJJA

During the first 10 days of Dhūl-Hijja, Allah pours His mercy upon all of creation. This mercy is beautifully clear to those invited as Guests of the Merciful to perform the Hajj. As they set their eyes on the Kaaba and the blackness of the kiswa sinks into their hearts, as they wipe the sweat from their brows while retracing Hājar's footsteps between Safā and Marwa, and as physical struggle gives way to exhaustion and surrender, His mercy becomes almost tangible.

For those of us not at Hajj, it takes more intention and effort to honor these days. But Allah has promised incredible rewards for those who do.

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ عَنِ النَّبِيِّ ﷺ قَالَ:
(مَا مِنْ أَيَّامٍ أَحَبَّ إِلَى اللَّهِ أَنْ يُتَعَبَّدَ لَهُ فِيهَا مِنْ عَشْرِ ذِي الْحِجَّةِ يَعْدِلُ صِيَامُ كُلِّ يَوْمٍ مِنْهَا
بصيامِ سَنَةٍ وَقِيَامُ كُلِّ لَيْلَةٍ مِنْهَا بِقِيَامِ لَيْلَةِ الْقَدْرِ).
الترمذي

Abū Hurayra (RA) narrates that the Prophet ﷺ said: “There are no days in which the worship of Allah is as beloved to Him as in the 10 days of Dhūl-Hijja. Fasting in each of these days is equivalent to fasting for a year. Standing in prayer in each of these nights is equivalent to standing in prayer on the night of power (Laylat al-Qadr).”
[al-Tirmidhī]

عَنِ ابْنِ عَبَّاسٍ رَضِيَ اللَّهُ عَنْهُ قَالَ: قَالَ رَسُولُ اللَّهِ ﷺ:
(مَا مِنْ أَيَّامٍ أَغْظَمَ عِنْدَ اللَّهِ وَلَا أَحَبَّ إِلَيْهِ الْعَمَلُ فِيهِنَّ مِنْ أَيَّامِ الْعَشْرِ فَأَكْثَرُوا فِيهِنَّ
التَّسْبِيحَ وَالتَّكْبِيرَ وَالتَّهْلِيلَ).
معجم الطبراني الكبير

Ibn ‘Abbās (RA) narrates that the Prophet ﷺ said: “There are no days which are greater in the sight of Allah, nor are there days in which good deeds are more beloved to Allah, than the first 10 days of Dhūl-Hijja. Therefore, engage in abundant tasbīḥ, takbīr, and tahlīl.”
[al-Ṭabarānī]

عَنِ ابْنِ عُمَرَ رَضِيَ اللَّهُ عَنْهُ عَنِ النَّبِيِّ ﷺ أَنَّهُ قَالَ:
(إِذَا كَانَ عَشِيَّةَ عَرَفَةَ لَمْ يَبْقَ أَحَدٌ فِي قَلْبِهِ مِثْقَالُ حَبَّةٍ مِنْ خَرْدَلٍ مِنْ إِيْمَانٍ إِلَّا غُفِرَ لَهُ. قُلْتُ يَا
رَسُولَ اللَّهِ أَهَلُ عَرَفَةَ خَاصَّةٌ؟ قَالَ بَلْ لِلْمُسْلِمِينَ عَامَّةً).
معجم الطبراني الكبير

Ibn ‘Umar (RA) narrates that the Prophet ﷺ said: “When the evening of ‘Arafa arrives, nobody with a mustard seed’s weight of faith in their heart is left, but they are forgiven.” The Prophet’s companions asked, “O Messenger of God, is this restricted only to people in ‘Arafa?” He ﷺ said, “No, it is for all Muslims.”
[al-Ṭabarānī]

عَنْ أَبِي قَتَادَةَ رَضِيَ اللَّهُ عَنْهُ عَنِ رَسُولِ اللَّهِ ﷺ أَنَّهُ قَالَ:
(صِيَامُ يَوْمِ عَرَفَةَ أَحْتَسِبُ عَلَى اللَّهِ أَنْ يُكَفِّرَ السَّنَةَ الَّتِي
قَبْلَهُ وَالسَّنَةَ الَّتِي بَعْدَهُ).
صحيح مسلم

Abū Qatāda (RA) narrates that the Prophet ﷺ said: “Fasting on the day of ‘Arafa is regarded by Allah as an expiation of the sins of the year before it and the year after it.” [Ṣaḥīḥ Muslim]
(This is in reference to those Muslims who are not at ‘Arafa.)

عَنْ عُمَرَ بْنِ حُصَيْنٍ رَضِيَ اللَّهُ عَنْهُ أَنَّ النَّبِيَّ ﷺ قَالَ:
 (يا فاطمة قومي إلى أضحيتك فاشهديها فإنه يُعْفَرُ لِكَ عِنْدَ أَوَّلِ قَطْرَةٍ تَقْطُرُ مِنْ دَمِهَا كُلِّ ذَنْبٍ
 عَمَلْتِيهِ وَفُؤَلِي إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ، لَا شَرِيكَ لَهُ وَبِذَلِكَ أُمِرْتُ وَأَنَا
 مِنَ الْمُسْلِمِينَ).
 الحاكم

Imrān b. Ḥusayn (RA) narrates that the Prophet ﷺ said: “O Fāṭima, rise to your sacrifice and witness it, for at the first drop of its blood, every sin you have committed will be forgiven, and say: My prayers and my pillars of worship and my life and my death are for Allah, Lord of the worlds, for Whom there is no partner, and this was commanded to me, and I am of the Muslims.” [al-Hākim]

قَالَ اللَّهُ تَعَالَى:

{وَلِكُلِّ وِجْهَةٍ هُوَ مُوَلِّيهَا فَاسْتَبِقُوا الْخَيْرَاتِ أَيْنَ مَا تَكُونُوا يَأْتِ بِكُمْ اللَّهُ جَمِيعًا إِنَّ اللَّهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ}.

سورة البقرة

“For each [religious following] is a [prayer] direction toward which it faces. So race to [all that is] good. Wherever you may be, Allah will bring you forth [for judgment] all together. Indeed, Allah is over all things competent.” [Sūrat al-Baqara: 148]

قَالَ اللَّهُ تَعَالَى:

{إِنَّ الْأَبْرَارَ لَفِي نَعِيمٍ، عَلَى الْأَرَائِكِ يَنْظُرُونَ، تَعْرِفُ فِي وُجُوهِهِمْ نَضْرَةَ النَّعِيمِ، يُسْقَوْنَ مِنْ رَحِيقٍ مَحْتُومٍ، خِتَامُهُ مِسْكَ وَفِي ذَلِكَ فَلْيَتَنَافَسِ الْمُتَنَافِسُونَ}.

سورة المطففين

“Indeed, the righteous will be in pleasure. On adorned couches, observing. You will recognize in their faces the radiance of pleasure. They will be given to drink [pure] wine [which was] sealed. The last of it is musk. So for this, let the competitors compete.” [Sūrat al-Muṭaffifin: 22-26]

قَالَ اللَّهُ تَعَالَى:

{وَلَوْ شَاءَ اللَّهُ لَجَعَلَكُمْ أُمَّةً وَاحِدَةً وَلَكِنْ لِنَبْلُوَكُمْ فِي مَا آتَاكُمْ فَاسْتَبِقُوا الْخَيْرَاتِ إِلَى اللَّهِ مَرْجِعُكُمْ جَمِيعًا فَيُنَبِّئُكُمْ بِمَا كُنْتُمْ فِيهِ تَخْتَلِفُونَ}.

سورة المائدة

Had Allah willed, He would have made you one nation [united in religion], but [He intended] to test you in what He has given you; so race to [all that is] good. To Allah is your return all together, and He will [then] inform you concerning that over which you used to differ.” [Sūrat al-Mā`ida: 48]

قَالَ اللهُ تَعَالَى:
{وَالسَّابِقُونَ السَّابِقُونَ، أُولَئِكَ الْمُقَرَّبُونَ، فِي جَنَّاتِ النَّعِيمِ، ثَلَاثَةٌ مِّنَ الْأُولَى، وَقَلِيلٌ
مِّنَ الْآخِرِينَ}.
سورة الواقعة

“And the forerunners, the forerunners. They are the ones brought near [to Allah], in the Gardens of Pleasure. A large number of the former peoples, and a few of the later peoples.”
[Sūrat al-Wāqī‘ a: 10–14]

THUS, IN ORDER TO GARNER THE SPIRIT OF THESE BLESSED DAYS, AND TO MAINTAIN THE MOMENTUM TO PERFORM AS MANY GOOD DEEDS AS WE CAN, UTILIZING THE HEALTHY COMPETITIVE SPIRIT ENCOURAGED BY THE QURAN AND SUNNA—

Let the Pilgrims at Home game begin!



RULES

REGISTRATION DETAILS

Each team must provide the following information:

1. Team Name

2. Team Members' Information:

- Full Name
- Phone Number
- Email Address
- State/Province
- Country

Each team will have a team leader who encourages her teammates, keeps track of their progress, and submits both the Midway and Final Team Leader Forms on behalf of the group. These forms can be found at rabata.org/PilgrimsAtHome.

All team placements are subject to approval by the Pilgrims at Home administrators. Returning players must form a new team. As the game officially begins at Tahajjud on the 1st of Dhūl-Hijja, it is extremely important that all teams are finalized before then. Please submit your team information as soon as possible to ensure everything is ready before the start of the game.

May this journey be one of faith, commitment, and shared devotion.

When forming your teams, keep in mind that this challenge is aimed at raising each individual's personal 'ibāda level.

The goal is not to put together a "winning team" of strong 'ibāda veterans, but for the more experienced in worship to uplift those who are newer to this kind of schedule.

POINTS

There are a maximum of 1,300 points per person to be earned from the 1st to the 10th of Dhūl-Hijja:

900 points from the Daily Score Sheet, including the Day of ‘Arafa.
(9 days x 100 points per day = 900 points)

100 points from the ‘Arafa-specific score sheet.
(300 Points from the Eid score sheet.)

Total: 1,300 points

* Note: Each score sheet has an alternative schedule for menstruating women so they may earn the same number of points.

CONVERTS' POINTS

قَالَ رَسُولُ اللَّهِ ﷺ: (مَنْ أَسْلَمَ مِنْ أَهْلِ الْكِتَابِ فَلَهُ أَجْرُهُ مَرَّتَيْنِ).
مسند الإمام أحمد

The Prophet ﷺ said: “Whoever embraces Islam from the people of the two scriptures (i.e., Jews and Christians) will be given a double reward.” [Musnad al-Imām Aḥmad]

For this challenge, converts who have accepted Islam within the last seven years will automatically earn double points for each act of worship listed on the score sheets. However, a convert’s daily score cannot exceed 100 points. Even if the doubled total is higher than 100, the score will still be capped at 100 points. If a convert prefers, she may choose to opt out of this benefit.

There are two exceptions—the khitma (completion of the Quran) and the udḥiya (sacrificial offering). These two acts will not receive double points.

Example:

- A participant who converted within the last seven years earns 35 points in one day. Her score doubles to 70 points for that day.
- If she earns 60 points in a day before doubling, her total would be 120 points, but since the daily limit is 100 points, she will only receive 100 points for that day.
- This cap applies to any score that exceeds 100 points after doubling. Therefore, the maximum points of 1,300 is the same as other players.

SCORE SHEETS

Score sheets are provided at the end of this manual to tally individual and team points.

- Each team member is responsible for tallying her daily scores and submitting them to her team leader.
- The team leader is responsible for collecting daily scores from her teammates and submitting the results when they are due.
- The team leader may decide how she would like her members to submit scores to her (via email, text, WhatsApp, Google doc/sheet, etc.).
- There are a maximum of 1,300 points per person to be earned from the 1st to the 10th of Dhūl-Hijja

CHALLENGE TIMELINE

The Pilgrims at Home challenge officially begins at tahajjud time on the 1st day of Dhūl-Hijja and ends at Maghrib time on the 4th day of Eid (Dhūl-Hijja 13). The challenge follows the official Hajj announcement from Saudi Arabia, aligning the acts of worship with those performed by pilgrims at Hajj.

Daily Score Sheet: Begins at tahajjud and ends at ‘Ishā’ each day.

‘Arafa Score Sheet: Begins at Fajr on the Day of ‘Arafa (Dhūl-Hijja 9) and ends at Maghrib that evening.

Eid Score Sheet: Begins after ‘Ishā’ on the eve of Eid.

The scoring section of this manual contains detailed descriptions about each score sheet. If you do not find the answer to your question in the scoring guide, you may ask in the PAH-specific WhatsApp threads. Links to join will be sent with your welcome email after you register.

SPECIAL NOTE FOR EID

The night of Eid is meant to be a full night of worship (‘ibāda). Night prayers may be performed at any time during the night.

All items on the Eid score sheet must be completed by Maghrib on the 1st day of Eid, except for the khitma and udḥiya, which may be completed anytime during the four days of Eid (Dhūl-Hijja 10–13) for points. However, all points must be submitted by Maghrib on the 4th day of Eid to be counted.

*On the authority of Abū Umāma, the Prophet ﷺ said,
“The one who spends the night of both Eids in worship
for the sake of Allah, his heart will not die on the day
that hearts die.” [Sunan Ibn Māja]*

DAILY SCORE SHEET GUIDE

ACTS OF WORSHIP GUIDELINES

Performing all acts of worship (e.g., Ṣalāt al-Tasābīḥ, Ṣalāt al-Ḥāja, Qaḍā' Yawm) may take about 1.5 hours.

Extra rak'as can be prayed, but no additional points will be awarded.

It is best to pray Qaḍā' after sleeping and waking up before Fajr. You may also pray your Qaḍā' any time between 'Ishā' and Fajr and still earn points.

Scoring:

- Award 1 point for each farḍ prayer completed, even if the full Qaḍā' day is not finished.
- For the game, points can only be earned for 1 set of Qaḍā' prayers per day. However, you may perform more prayers for extra spiritual reward.

Note: No points are given for Qaḍā' prayers performed during the day.

This is a meaningful opportunity to reconnect with your past prayers and strengthen your relationship with Allah.

2 RAK‘AS TAHAJJUD

These two rak‘as are prayed lightly at the start of tahajjud, after sleeping and waking up. If you stay up all night in worship, these rak‘as should come first. Tahajjud is generally prayed in the last third of the night.

ŞALĀT AL-TASĀBĪḤ (PAGE 31)

This prayer includes 2 sets of 2 rak‘as, with 150 tasbīḥ in each rak‘a (300 tasbīḥ in total). You can start counting Şalāt al-Tasābīḥ after ‘Ishā the evening before the first of Dhūl-Ḥijja. It may be prayed after ‘Ishā’ or during tahajjud. The method of praying this is detailed in the **hadith**. For a demonstration of Şalāt al-Tasābīḥ, visit rabata.info/salatultasabih.

ŞALĀT AL-ḤĀJA

Şalāt al-Ḥāja is a **sunna prayer** that allows you to ask Allah to fulfill your deepest need. For this challenge, it should be prayed during **tahajjud time**, in the **last third of the night**. To qualify for points, **Sūrat Yāsīn** must be recited, divided between the two rak‘as.

The beauty of this prayer lies in combining the **heart of the Quran** (Sūrat Yāsīn), the **heart of the night**, and the **heart of the believer**. Together, these elements—**bi idhnillāh**—help us seek Allah’s greatest blessings.

You may recite Sūrat Yāsīn from a Quran placed on a stand or from an electronic device set on a nearby table during **sujūd**.

For those following the **Ḥanafī madhab**, which does not permit reading directly from a Quran during prayer, you may:

- Memorize Sūrat Yāsīn beforehand, or
- Use the **rukḥṣa** (dispensation) from the **Shāfi‘ī madhab** to read from a Quran.

QAḌĀ' YAWM

QaḌā' Yawm refers to completing a full day's worth of missed prayers. This includes the five farḍ prayers and Witr, for a total of 20 rak'as.

What is QaḌā'?

QaḌā' means "making up" prayers that were missed in the past. Many people may have missed prayers earlier in life, and this is a chance to make up for those lapses.

Who should perform QaḌā' prayers?

Anyone who knows or suspects they missed obligatory prayers in the past should make them up through QaḌā'.

Even if you haven't missed any prayers, QaḌā' prayers are still strongly recommended. They can serve as a way to strengthen prayers that may have been prayed hastily, distractedly, or with uncertain wuḍū'. In this case, QaḌā' is a beautiful opportunity to bring more care and attention into your worship.

SŪRAT AL-AN'ĀM

To earn 7 points, recite the full sūra. Partial readings do not qualify for points. It can be recited anytime during the day.

7 ADHKĀR

These adhkār can be found in the Supplemental Du'ā' and Adhkār section.

To qualify for the 5 points, the 7 adhkār must each be repeated 25 times at any time of the day.

For the purposes of this game, these adhkār cannot be replaced with other dhikr or du'ā'.

In keeping with adab, they should be recited while sitting quietly or during activities that allow for focus, not while watching television or engaging in other distracting tasks. No partial points.

SŪRAT AL-BAQARA

Known for its blessings, this sūra spans **47 pages** and covers about **2.5 ajzā'** of the Quran.

Points Breakdown:

1st juz' = **6 points**

2nd juz' = **6 points**

Remainder (3rd juz') = **6 points**

For full the **18 points**, recite it in one day.

If unfinished, partial points are awarded for each juz' completed, but a fresh reading must begin each day.

Shayṭān is barred from homes where this sūra is recited.

STAYING AWAKE UNTIL SUNRISE

Earn 5 points by staying awake from the Fajr adhān until sunrise.

This time is blessed, and it is preferable to engage in ‘ibāda, though tasks like housework or homework also qualify.

PRAYERS

FARD

Award yourself 1 point for each farḍ prayer completed on time. If a farḍ prayer is missed and becomes Qaḍā’, deduct 50 points from your score. If the missed prayer is not made up as a Qaḍā’ prayer, deduct an additional 50 points.

At Start

Earn 1 extra point by praying the farḍ prayer within the first 15 minutes after the adhān.

If praying at a mosque, the point is awarded even if the congregation starts more than 15 minutes after the adhān.

MAKE UP POINTS FOR A MISSED FARD

If you miss a farḍ prayer during the game and receive a 50-point deduction, you can earn back those 50 points by completing the following:

25 points for reading Sūrat al-Baqara a second time in a single day

25 points for repeating “astaghfirul-lāhal-‘aẓīm” 5,000 times

You do **not** have to complete both on the same day—each task can be done on a different day. This is a chance to return to Allah in sincerity while continuing to strive in worship.

SUNNA PRAYER SCORING (MARKED “S” ON SCORE SHEETS)

On the score sheets, the letter “S” stands for sunna prayers. You will earn 1 point for every 2 rak‘as, with a maximum of 9 points for sunna prayers each day.

While the four madhabs (schools of thought) differ slightly in how sunna prayers are distributed, this game uses the structure of the Shāfi‘ī madhhab. According to this school, the daily sunna prayers are as follows:

FAJR

2 rak‘as before Fajr

ZUHR

4 rak‘as before Zuhur (prayed as 2 + 2)
4 rak‘as after Zuhur (prayed as 2 + 2)

'AŞR

4 rak‘as before ‘Aşr
(prayed as 2 + 2)

MAGHRIB

2 rak‘as after Maghrib

'ISHĀ

2 rak‘as after ‘Ishā’

Completing all of these earns the full 9 points for sunna prayers in a day.

DUĤĀ

This nafl prayer is performed 15 minutes after sunrise until 15 minutes before Zuhur.

Pray in multiples of 2 rak‘as, up to 12 rak‘as (maximum of 6 points for this game).

SALAT AL-AWWĀBĪN

Şalāt al-Awwābīn is a nafl prayer for those who frequently turn to Allah in repentance. It is prayed between Maghrib and ‘Ishā’.

The Prophet ﷺ recommended praying 3 sets of 2 rak‘as immediately after Şalāt al-Maghrib, as it carries the reward of worship equivalent to 12 years.

This prayer is highly encouraged to establish as a regular habit.

Scoring: You can earn up to 3 points daily for this prayer (1 point for every 2 rak‘as).



FASTING

Scholars have noted that one of the main reasons the **first 10 days of Dhūl-Hijja** are so special is because they bring together the **greatest acts of worship: prayer, fasting, charity, and Hajj**. No other time of the year combines all of these blessings.

Because of this, **fasting is highly encouraged** during these days. In this challenge, participants will receive **5 points for each day of fasting** as a way to honor and encourage this noble act.

ALTERNATIVE DAILY SCORE SHEET GUIDE

This guide is specifically for menstruating women. It begins with tahajjud and ends with ‘Ishā’ each day. The acts of worship listed here act as substitutes for prayer and Quran points.

All acts of worship in the tahajjud section and all prayer alternatives should be performed while sitting and facing the qibla. Participants may use a prayer rug or sit on a chair.

TAHAJJUD

2 Rak‘as Tahajjud: Substitute with 5 minutes of istighfār for 5 points.

Ṣalāt al-Tasābīḥ: Substitute with 25 minutes of istighfār for 10 points.

Ṣalāt al-Ḥāja: Substitute with 25 minutes of istighfār for 10 points.

Qaḍā’ Yawm: Substitute with 5 minutes of istighfār for 5 points.

You may complete up to 30 minutes of istighfār after ‘Ishā’, but at least 30 minutes must be done before Fajr, after sleeping and waking.

Use phrases such as:

- Astaghfirul-lāhal-‘azīm (I seek forgiveness from Allah, the Majestic)
- Astaghfirul-lāh (I seek forgiveness from Allah)

7 ADHKĀR

These adhkār can be found in the Supplemental Du‘ā’ and Adhkār section.

- To qualify for the **5 points**, the **7 adhkār** must each be repeated **25 times** at any time of the day.
- For the purposes of this game, these adhkār **cannot be replaced** with other dhikr or du‘ā’.
- In keeping with adab, they should be recited while sitting quietly or during activities that allow for focus, **not** while watching television or engaging in other distracting tasks.
- No partial points.

99 NAMES

- **6 points** for reciting Allah’s 99 names **5 times**.
- **12 points** for reciting them **10 times**.
- **18 points** for reciting them **15 times**.

These can be recited while walking or performing light activities that allow you to focus, but **not** while watching TV or engaging in conversation.

QURAN POINTS

If you begin a Quran recitation the day you switched to the alternate score sheet but did not complete **Sūrat al-An‘ām** or **Sūrat al-Baqara**, you can earn full points by completing the alternate **adhkār** listed here.

LĀ ILĀHA ILLAL-LĀH

Earn **7 points** for repeating **Lā ilāha illal-lāh** 1,000 times. This can be done during light activities as long as focus is maintained.

STAYING AWAKE UNTIL SUNRISE

Stay awake from the **Fajr adhan** until sunrise for **5 points**. It is preferred to spend this time in ‘ibāda, though housework or other tasks also qualify.

FASTING

During menstruation, you may automatically earn fasting points for these days, regardless of whether you fasted when you were able.

PRAYER ALTERNATIVES: AT START

To earn 1 additional point, perform tasbīḥ within 15 minutes of the adhan, sitting and facing the qibla.

ALTERNATIVE FAJR

Recite Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar:

- 125 times for the sunna (1 point).
- 125 times for the farḍ (1 point).

ALTERNATIVE MAGHRIB

Recite Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar:

- 150 times for the farḍ (1 point).
- 100 times for the sunna (1 point).

ALTERNATIVE ZUHR

Recite Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar:

- 100 times for the first 4 rak‘as sunna (2 points).
- 50 times for the farḍ (1 point).
- 100 times for the final 4 rak‘as sunna (2 points).

ALTERNATIVE SALAT AL-AWWĀBĪN

Recite 501 salawāt (Allāhumma ṣalli ‘alā Sayyidinā Muḥammad) for 3 points.

ALTERNATIVE DUḤĀ

Recite Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar:

- 41 times for 1 point, up to a maximum of 6 points.

ALTERNATIVE ‘ISHĀ

Recite Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar:

- 150 times for the farḍ (1 point).
- 50 times for the sunna (1 point).
- 50 times for the Witr (2 points).

ALTERNATIVE ‘AṢR

Recite Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar:

- 100 times for the first 4 rak‘as sunna (2 points).
- 150 times for the farḍ (1 point).



‘ARAFA SCORE SHEET GUIDE

The following acts of worship are part of the ‘Arafa Score Sheet and must be completed between Fajr and Maghrib on the Day of ‘Arafa to earn their listed points. These recitations help us draw nearer to Allah on this most sacred day. For those menstruating, follow the alternative ‘Arafa score sheet.

All Arabic text, translations, and transliterations can be found in the Supplemental Du‘ā’ and Adhkār section of this manual.

SŪRAT AL-IKHLĀṢ

Recite 1,100 times to receive 40 points

Partial points: 10 points for every 275 recitations

Because the basmala is not an ayah in Surat al-Ikhlās, it is sufficient to recite it once at the beginning.

SŪRAT AL-FĀTIḤA

Recite 100 times for 10 points

No partial points

The basmala is the first ayah of Surat al-Fatiha, therefore it must be recited every time.

ASH-HADU AL-LĀ ILĀHA ILLAL-LĀHU WAḤDAHU LĀ SHARĪKA LAH, WA ANNA MUḤAMMADAN ‘ABDUHU WA RASŪLUH

Recite 100 times for 10 points

No partial points

SUBḤĀNAL-LĀH WAL-ḤAMDU LIL-LĀH WA LĀ ILĀHA ILLAL-LĀHU WAL-LĀHU AKBAR, WA LĀ ḤAWLA WA LĀ QUWWATA ILLĀ BIL-LĀH

100 times for 10 points

No partial points

LĀ ILĀHA ILLĀ ALLAH WAḤDAHU LĀ SHARĪKA LAH, LAHU-L-MULKU WA LAHU-L-ḤAMDU, BI-YADIHI-L-KHAYRU, WA HUWA ‘ALĀ KULLI SHAY’IN QADĪR

100 times for 10 points

No partial points

AL-ṢALAWĀT AL-IBRĀHĪMIYYA

Recite 10 times for 25 points

No partial points

READING OF SŪRAT AL-ANBIYĀ’

Recite once for 5 points

Send ṣalawāt (‘*alayhis-salām*’) after each prophet’s name mentioned in the sūra

READING OF SŪRAT AL-ḤAJJ

Recite once for 5 points

Send ṣalawāt (‘*alayhis-salām*’) after each prophet’s name mentioned in the sūra

ALTERNATIVE 'ARAFA SCORE SHEET GUIDE

The Alternative 'Arafa Score Sheet is for those unable to pray or recite Quran due to menstruation. These acts of worship serve as substitutes and may be performed in addition to the regular Daily Score Sheet, increasing the total possible points on the Day of 'Arafa to 200.

All activities must be completed between Fajr and Maghrib on the day of 'Arafa.

The Arabic text, translations, and transliterations for the following items can be found in the Supplemental Du'ā' and Adhkār section.

99 NAMES

Reciting the 99 Names of Allah earns points based on how many times they are read:

- 10 points for 15 recitations
- 20 points for 30 recitations
- 30 points for 45 recitations
- 40 points for 60 recitations

The maximum number of points that can be earned is 40 points.

These should also be done sitting and facing the qibla, not while multitasking.

AL-ŞALAWĀT AL-IBRĀHĪMIYYA

Recite 10 times for 5 points

No partial points

EACH OF THE FOLLOWING ADHKĀR EARNS 10 POINTS WHEN RECITED 100 TIMES:

There are no partial points.

These should be done sitting down and facing the qibla, not while doing other tasks.

- Lā ilāha illā Allah waḥdahū lā sharīka lah, lahu-l-mulku wa lahu-l-ḥamdu, wa huwa 'alā kulli shay' in Qadīr
- Yā Ḥayyu, Yā Qayyūm
- Ash-hadu al-lā ilāha illal-lāhu waḥdahū lā sharīka lah, wa anna Muḥammadan 'abduhu wa rasūluh
- Subḥānal-lāh, wal-ḥamdu lil-lāh, wa lā ilāha illal-lāh, wal-lāhu akbar, wa lā ḥawla wa lā quwwata illā billāh
- Al-Şalawāt al-Ibrāhīmiyya (see Supplemental Du'ā' and Adhkār section)

THE PRAYER WHICH THE PROPHET ﷺ AND PROPHETS BEFORE HIM REPEATED MOST ON THE DAY OF 'ARAFA

This du'ā' is found in the Supplemental Du'ā' and Adhkār section.

- Recite it 3 times for 5 points
- No partial points



EID SCORE SHEET GUIDE

The Daily Score Sheet for the first 9 days of Dhūl-Ḥijja ends with ‘Ishā’ on the day of ‘Arafa. From that point onward, use the Eid Score Sheet. The night of Eid holds great rewards, so tahajjud prayers may begin after ‘Ishā’ and continue until Fajr.

All items on the Eid Score Sheet must be completed by Maghrib on Eid day, except for the khitma and uḍḥiya, which may be completed anytime during the four days of Eid.

For those menstruating, follow the alternative Eid Score Sheet.

2 RAK‘ AS TAHAJJUD

These are the same as the 2 rak‘ as of tahajjud listed on the Daily Score Sheet. Please refer to the Daily Score Sheet scoring guide for full details.

ṢALĀT AL-TASĀBĪḤ

This is the same as Ṣalāt al-Tasābīḥ listed on the Daily Score Sheet. Please refer to the Daily Score Sheet scoring guide for full details.

ṢALĀT AL-ḤĀJA

This is the same as Ṣalāt al-Ḥāja listed on the Daily Score Sheet. Please refer to the Daily Score Sheet scoring guide for full details.

TAKBĪRĀT AL-EID

Recite the Eid takbīrāt 25 times at any point during the first day of Eid to earn 25 points. Begin after Maghrib on the night before Eid and continue through to Ṣalāt al-Eid. The full text is available in the Supplemental Du‘ā’ and Adhkār section.

STAYING AWAKE UNTIL SUNRISE

To earn 5 points, stay awake from Fajr until sunrise. While it is preferred to use this time for ‘ibāda, points are also awarded if you’re doing housework, schoolwork, or similar quiet activities during this blessed time.

5 DAYS QAḌĀ’

You may earn up to 50 points for Qaḍā’ prayers on Eid night by completing five days’ worth of missed prayers:

- 10 points for each full day of Qaḍā’
- Or 2 points per farḍ prayer (Fajr, Ḍuhr, ‘Aṣr, Maghrib, ‘Ishā’)

This is meant to encourage Iḥyā’ al-Layl, staying up in worship on the night of Eid, based on the hadith:

“The one who spends the night of both Eids in worship for the sake of Allah, his heart will not die on the day that hearts die.”

(Sunan Ibn Māja)

ṢALĀT AL-EID

May be prayed anytime after the sun has fully risen until about 15 minutes before Ḍuhr. If prayed individually, you may award yourself 25 points.

The prayer consists of 2 rak‘ as:

In the first rak‘ a, say Allāhu Akbar 7 times

In the second rak‘ a, say Allāhu Akbar 5 times

Recite Sūrat al-Fātiḥa and another sura in each rak‘ a

BONUS FOR PRAYING ṢALĀT AL-EID IN JAMĀ‘ A (CONGREGATION)

If you pray Ṣalāt al-Eid in jamā‘ a—either at the masjid or in congregation at home—you may award yourself an additional 20 bonus points.

KHITMA (COMPLETE QURAN RECITATION)

A khitma, or khatm, involves reading the entire Quran from beginning to end.

Points: Earn 100 points for completing a khitma before the 4th day of Eid (record this on the Eid Score Sheet).

You may start your recitation **after Maghrib**; you do not need to wait until Tahajjud to begin.

The Quran must be recited in **Arabic**. Those unable to read Arabic may listen to a recording while following along in the Quran and still earn points.

Partial points are not available; the entire Quran must be completed.

Chapters like **Sūrat al-Baqara** and **Sūrat al-An‘ām**, if already recited during the ten days, may count toward your khitma.

Team Option: Teams can share a khitma, but the maximum number of khitmas counted per group is **five**, whether read individually or collaboratively. If the team is dividing one khitma between team members it will count as **one** khitma and each participant will earn 20 points. Participants are encouraged to choose the act of worship they feel most comfortable with, whether focusing on daily recitations or working on a khitma.

UḌḤIYA (SACRIFICE)

The **uḏḥiya** is an important **sunna** of Dhūl-Ḥijja.

Points: Earn 50 points for purchasing an animal for sacrifice.

Purchases count whether made locally or online.

Alternative Option:

If you cannot afford an **uḏḥiya**, complete **5 hours of community service** within 1-2 days to earn the same points.

Community service must be done consecutively and completed within the **13 days** of the game.

Additional Rules for Uḏḥiya:

Team members may share the sacrifice of a **cow**, but this does not apply to **sheep**.

You cannot earn points if someone else pays for your **uḏḥiya** (e.g., a family member).

Plan ahead and, **inshallah**, save for next year's sacrifice if needed.



ALTERNATIVE EID SCORE SHEET GUIDE

ADHKĀR (REMEMBRANCES)

ISTIGHFĀR

5 points for repeating: *Astaghfirul-lāhal-‘azīm* (I seek forgiveness from Allah, the Majestic). Or *Astaghfirul-lāh* (I seek forgiveness from Allah) for 30 minutes (no partial points).

ṢALAWĀT

10 points for repeating: *Allāhumma ṣalli ‘alā Sayyidinā Muḥammad* for 20 minutes. Additional 10 points for repeating another 20 minutes (20 points total).

LĀ ILĀHA ILLAL-LĀH

50 points for repeating *Lā ilāha illal-lāh* for 50 minutes (no partial points).

AL-ṢALAWĀT AL-IBRĀHĪMIYYA

25 points for repeating *al-Ṣalawāt al-Ibrāhīmiyya* 10 times. There are no partial points.

SPECIAL ACTS ON EID DAY

STAYING AWAKE UNTIL SUNRISE

5 points for staying awake after Fajr until sunrise, a blessed time. You can engage in ‘*ibāda* or other tasks like housework or homework.

ATTEND EID PRAYER

20 points for attending *Ṣalāt al-Eid* (no partial points).

TAKBĪRĀT AL-EID

25 points for reciting the *Eid takbīrāt* 25 times on the day of Eid. Refer to the Supplemental Du‘ā’ and *Adhkār* section for the text.

KHITMA (COMPLETE QURAN RECITATION)

Earn 100 points for completing a *khitma* (entire Quran) before the 4th day of Eid. *Please note you can only claim khitma points if the entire Quran was recited when you/your team members did have prayer.*

Menstruating participants may repeat *Astaghfirul-lāhal-‘azīm* or *Astaghfirul-lāh* 70,000 times to earn the same points. You either earn points for 70,000 individual *istighfar* or for completing a *khitma* (100 points)/your portion of the *khitma* (20 points)—there are no partial or mixing points. *Please note 70,000 istighfar *cannot* be shared among team members for one khitma.*

GENERAL FAQ

SECTION 1: PARTICIPATION DURING MENSTRUATION

Q: Can I still earn points for Quran recitation or khitma while on my period?

No. For the purposes of the game, sisters who are menstruating should follow the *alternative score sheet*, which includes acts of worship like dhikr, du'ā, and istighfār. Quran recitation is not counted during menstruation, even for *hāfiẓas*.

Q: What should I do instead of reciting Quran during my period?

Follow the alternative score sheet.

Q: If I miss a fard prayer while not menstruating, how are points deducted?

You lose 50 points. You can make up 25 points by reciting Sūrat al-Baqara twice that day.

Q: What if I don't finish the 70,000 istighfār before my period ends?

Once your period ends, you must switch back to the regular score sheet. Any incomplete alternative tasks (like the 70,000 istighfār) cannot be counted.

Q: Can I switch to the alternative score sheet on the same day my period begins?

Yes. As soon as your period begins, you must begin using the alternative score sheet that day.

Q: If Sūrat al-Baqara is my wird, can I get points for reciting it during my menstruation?

Yes, if it is your established wird (daily practice) then you can earn points for reciting it.

SECTION 2: SALAH, TIMING & POINTS

Q: Can I combine prayers while traveling and still receive “on time” points?

Yes, you may combine prayers when traveling and still receive the farḍ “at start” points. However, you will only earn sunna points for one prayer, depending on the time and order of your combination.

You can also choose not to take the traveler's rukḥṣa (dispensation) and instead pray each prayer at its designated time, which would allow you to earn full farḍ and sunna points.

The main takeaway: You can combine prayers and get points for the farḍ, but not for both sets of sunnas—just one.

Note: The rukḥṣa is a mercy from Allah ﷻ, and the game is designed to reflect real-life fiqh. The scoring system should not override the spiritual intent of choosing what is best for your situation.

Q: In my community, women cannot attend eid prayer, do I get automatic points for congregation prayer?

No, plan ahead and find at least one other person to pray with.

Q: Does Jumu‘a count as “on time” Zuhr for scoring?

Yes. Attending Jumu‘a prayer in congregation counts for the “at start” prayer point.

Q: What happens if I start a prayer like Ṣalāt al-Tasābiḥ and the adhān for the next prayer begins?

If you complete your prayer after the fajr adhān, you still can receive points as long as you started before the adhān.

Q: Do I lose points for missing a farḍ prayer while menstruating?

No, however to receive points one must follow the alternative score sheet.

Q: If I miss a farḍ prayer while not menstruating, how are points deducted?

You lose 50 points. You can make up 25 points by reciting Sūrat al-Baqara twice in one day and the other 25 points by reciting “astaghfirul-lahal-‘aẓīm” 5,000 times.

SECTION 3: FASTING RULES & EXCEPTIONS

Q: If I am medically unable to fast, do I still receive points?

Yes. If you are exempt from fasting due to a medical reason, you may claim the 5 points.

Q: If I am traveling, do I get automatic points for fasting?

No, automatic points for fasting is only given during menstruation. To get points while traveling, you must fast.

Q: If I break my fast due to illness, do I still earn points?

Yes, points can be claimed if fast was broken due to a valid medical reasons. However, breaking fasts should not be taken lightly.

SECTION 4: SCORING & SCHEDULES

Q: Do we submit scores daily or only midway and final?

Team leads only submit scores twice: once on day three of the game and once at the end of the game. There are no daily submission to admins.

Q: Can I begin or complete Sūrat al-Baqara after ‘Ishā’ ?

Yes, as long as your timing is consistent from day to day (e.g. always reciting from Maghrib to Maghrib or ‘Ishā’ to ‘Ishā’).

Q: Do team members need to send a breakdown or just total scores to the team lead?

Just the total. You don't need to share a breakdown of individual items.

Q: When does a new game day start —Maghrib, ‘Ishā’ , or Tahajjud?

Each game day begins at Tahajjud time, not Maghrib. Some activities from the night before (like Quran reading after Maghrib or ‘Ishā’) may count for the *next* day's score sheet.

Q: Can someone who started Dhūl-Hijja on a different day still play?

Yes. They can play and log points on their 10-day cycle. They'll be a day ahead or behind based on their community and submit accordingly. Final scores are not collected until after Eid.

SECTION 5: QURAN RECITATION & KHITMA

Q: Can I recite the Quran from memory or with a recording and still get points?

Yes. You may follow along with a recitation or read from memory. However, listening alone is not sufficient for points, and will not count for points on the alternative score sheet.

Q: Can Sūrat al-Baqara , al-An'ām, al-Hajj, and al-Anbiyā count toward khitma?

Yes. If read as part of the game, they can count toward your group khitma if you're also participating in one.

Q: Can large suras be completed in parts across different times?

Yes, as long as they are completed within the same 24-hour cycle you've chosen (e.g., Maghrib to Maghrib, or 'Ishā' to 'Ishā').

Q: What happens if I miscount my dhikr or make a small mistake in recitation?

For the sake of the game, mistakes do not invalidate your effort. You may still claim your points inshallah, and know that your reward with Allah will be great.

SECTION 6: TEAM LOGISTICS

Q: How do I edit or change a team member?

Please email pilgrimsathome@rabata.org to request a change. Registration may be closed, so not all edits are guaranteed.

Q: What if a team member drops out? Can we still continue?

Yes! Teams are still eligible to participate and score points even if all members are not active.

Q: A member is unresponsive. What should we do?

Give her some grace and time. If you're concerned, message her privately to offer support. You only need to report midway and final totals. In the end, it's only a game! May Allah accept your beautiful efforts.



SUPPLEMENTAL DU‘Ā’ AND ADHKĀR

ŞALĀT AL-TASĀBĪH

روى ابن عباس رضي الله عنهما أن رسول الله ﷺ قال لِعَبَّاسِ بْنِ عَبْدِ الْمُطَّلِبِ:
يا عَبَّاسُ، يا عَمَّاهُ، أَلَا أُعْطِيكَ؟ أَلَا أَمْتَحُكَ؟ أَلَا أَحْبُوكَ؟ أَلَا أَفْعَلُ بِكَ؟ عَشْرُ خِصَالٍ إِذَا أَنْتَ فَعَلْتَ ذَلِكَ، غَفَرَ
اللَّهُ لَكَ ذَنْبَكَ أَوْلَاهُ وَأَخْرَجَهُ، قَدِيمَهُ وَحَدِيثَهُ، خَطَأَهُ وَعَمْدَهُ، صَغِيرَهُ وَكَبِيرَهُ، سِرَّهُ وَعَلَانِيَتَهُ، عَشْرُ خِصَالٍ: أَنْ
تُصَلِّيَ أَرْبَعَ رَكَعَاتٍ تَقْرَأُ فِي كُلِّ رَكَعَةٍ فَاتِحَةَ الْكِتَابِ وَسُورَةً، فَإِذَا فَرَغْتَ مِنَ الْقِرَاءَةِ فِي أَوَّلِ رَكَعَةٍ وَأَنْتَ قَائِمٌ
قُلْتَ: سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ، خَمْسَ عَشْرَةَ مَرَّةً، ثُمَّ تَرَكَعُ، فَتَقُولُهَا وَأَنْتَ رَاكِعٌ
عَشْرًا، ثُمَّ تَرْفَعُ رَأْسَكَ مِنَ الرُّكُوعِ، فَتَقُولُهَا عَشْرًا، ثُمَّ تَهْوِي سَاجِدًا فَتَقُولُهَا وَأَنْتَ سَاجِدٌ عَشْرًا، ثُمَّ تَرْفَعُ
رَأْسَكَ مِنَ السُّجُودِ، فَتَقُولُهَا عَشْرًا، ثُمَّ تَسْجُدُ فَتَقُولُهَا عَشْرًا، ثُمَّ تَرْفَعُ رَأْسَكَ فَتَقُولُهَا عَشْرًا، فَذَلِكَ خَمْسُ
وَسَبْعُونَ فِي كُلِّ رَكَعَةٍ، تَفْعَلُ ذَلِكَ فِي أَرْبَعِ رَكَعَاتٍ، إِنْ اسْتَطَعْتَ أَنْ تُصَلِّيَهَا فِي كُلِّ يَوْمٍ مَرَّةً فَافْعَلْ، فَإِنْ لَمْ
تَفْعَلْ فِي كُلِّ جُمُعَةٍ مَرَّةً، فَإِنْ لَمْ تَفْعَلْ فِي كُلِّ شَهْرٍ مَرَّةً، فَإِنْ لَمْ تَفْعَلْ فِي كُلِّ سَنَةٍ مَرَّةً، فَإِنْ لَمْ تَفْعَلْ
فِي عُمْرِكَ مَرَّةً.
أبو داود

Ibn ‘Abbās narrated that the Messenger of Allah صلى الله عليه وسلم said to al-‘Abbās b. ‘Abd al-Muṭṭalib: “O my uncle, al-‘Abbās, shall I not grant you? Shall I not bestow upon you? Shall I not give you? Shall I not teach you ten things that, if you do, Allah will forgive you your sin, its first and last, its old and new, its unintentional and its purposeful, its small and big, its private and public:

Pray 4 rak‘as [2 sets of 2 rak‘as] and read Sūrat al-Fātiḥa and a sura in each. When you finish reading in the first rak‘a, say while standing: Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar 15 times.

Then bow and say it 10 times while bowing.

Then raise your head from bowing and say it 10 times.

Then fall to prostration and say it 10 times while prostrating.

Then raise yourself to a sitting position and say it 10 times.

Then prostrate and say it 10 times.

Then raise yourself to a sitting position again and say it 10 times.

This makes them 75 in each rak‘a. You do this in each of the 4 rak‘as.

If you can perform it once a day then do so, otherwise once a week, otherwise once a month, otherwise once a year, otherwise once in a lifetime." [Abū Dawūd]

For a demonstration of Şalāt al-Tasābīḥ visit
rabata.info/salatultasabih

ṢALĀT AL-ḤĀJA DUA

لَا إِلَهَ إِلَّا اللَّهُ الْحَلِيمُ الْكَرِيمُ، سُبْحَانَ اللَّهِ رَبِّ
الْعَرْشِ الْعَظِيمِ، الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، أَسْأَلُكَ
مُوجِبَاتِ رَحْمَتِكَ، وَعَزَائِمَ مَغْفِرَتِكَ، وَالْغَنِيمَةَ مِنْ
كُلِّ بَرٍّ، وَالسَّلَامَةَ مِنْ كُلِّ إِثْمٍ، لَا تَدَعْ لِي ذَنْبًا إِلَّا
عَفَرْتَهُ، وَلَا هَمًّا إِلَّا فَرَّجْتَهُ، وَلَا حَاجَةً هِيَ لَكَ
رِضًا إِلَّا قَضَيْتَهَا يَا أَرْحَمَ الرَّاحِمِينَ.

Lā ilāha illallāhul-ḥalīmul-karīm, subḥānallāhi rabbil-‘arshil-‘azīm, al-ḥamdu lillāhi rabbil-‘ālamīn, as‘aluka mūjibāti raḥmatika wa ‘azā’ima maghfiratika, wal-ghanīmata min kulli birr, was-salāmata min kulli ithm, lā tada’ lī dhanban illā ghafartah, wa lā hamman illā farrajtah, wa lā ḥajatan hiya laka riḍan illā qaḍaytahā yā arḥamar-rāḥimīn.

There is no God but Allah, the Forbearing and Generous. Glory be to Allah, Lord of the Magnificent Throne; all praise is to Allah, Lord of the worlds. I implore You for everything that causes Your mercy to descend, and for Your certain forgiveness, and for enrichment in every goodness, and for security from committing sins. Leave not a sin of mine except that You forgive it, nor any concern except that You create for it a way out, nor any need in which there is Your good pleasure except that You fulfill it, O Most Merciful of those who show mercy!

For a demonstration of Ṣalāt al-Ḥāja visit
rabata.info/salatulhaja

99 NAMES OF ALLAH

أَسْمَاءُ اللَّهِ الْحُسْنَى:

- نَسَأَلُكَ يَا مَنْ هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ - الرَّحِيمُ - الْمَلِكُ - الْقُدُّوسُ -
السَّلَامُ - الْمُؤْمِنُ - الْمُهِيمِنُ - الْعَزِيزُ - الْجَبَّارُ - الْمُتَكَبِّرُ - الْخَالِقُ - الْبَارِئُ -
الْمُصَوِّرُ - الْغَفَّارُ - الْقَهَّارُ - الْوَهَّابُ - الرَّزَّاقُ - الْفَتَّاحُ - الْعَلِيمُ - الْقَابِضُ -
الْبَاسِطُ - الْخَافِضُ - الرَّافِعُ - الْمُعِزُّ - الْمُذِلُّ - السَّمِيعُ - الْبَصِيرُ - الْحَكَمُ -
الْعَدْلُ - اللَّطِيفُ - الْخَبِيرُ - الْحَلِيمُ - الْعَظِيمُ - الْعَفُورُ - الشَّكُورُ - الْعَلِيُّ - الْكَبِيرُ -
- الْحَفِيفُ - الْمُقِيتُ - الْحَسِيبُ - الْجَلِيلُ - الْكَرِيمُ - الرَّقِيبُ - الْمُجِيبُ -
الْوَاسِعُ - الْحَكِيمُ - الْوَدُودُ - الْمَجِيدُ - الْبَاعِثُ - الشَّهِيدُ - الْحَقُّ - الْوَكِيلُ -
الْقَوِيُّ - الْمَتِينُ - الْوَلِيُّ - الْحَمِيدُ - الْمُحْصِي - الْمُبْدِئُ - الْمُعِيدُ - الْمُحْيِي -
الْمُمِيتُ - الْحَيُّ - الْقَيُّومُ - الْوَاحِدُ - الْمَاجِدُ - الْوَاحِدُ - الْأَحَدُ - الصَّمَدُ - الْقَادِرُ -
- الْمُقْتَدِرُ - الْمُقَدِّمُ - الْمُؤَخِّرُ - الْأَوَّلُ - الْآخِرُ - الظَّاهِرُ - الْبَاطِنُ - الْوَالِي -
الْمُتَعَالِ - الْبَرُّ - التَّوَابُ - الْمُنتَقِمُ - الْعَفُوُّ - الرَّؤُوفُ - مَالِكُ الْمَلِكِ ذُو الْجَلَالِ
وَالْإِكْرَامِ - الْمُقْسِطُ - الْجَامِعُ - الْغَنِيُّ - الْمُغْنِي - الْمَانِعُ - الصَّارُّ - النَّافِعُ - التُّورُ
- الْهَادِي - الْبَدِيعُ - الْبَاقِي - الْوَارِثُ - الرَّشِيدُ - الصَّبُورُ .

99 NAMES OF ALLAH

We ask you O Allah, Who is al-Raḥmān al-Raḥīm al-Malik al-Quddūs al-Salām al-Mu' min al-Muḥaymin al-' Azīz al-Jabbār al-Mutakabbir al-Khāliq al-Bāri' al-Muṣawwir al-Ghaffār al-Qahhār al-Wahhāb al-Razzāq al-Fattāḥ al-' Alīm al-Qābiḍ al-Bāsiṭ al-Khāfiḍ al-Rāfi' al-Mu' izz al-Mudhill al-Samī' al-Baṣīr al-Ḥakam al-' Adl al-Laṭīf al-Khabīr al-Ḥalīm al-' Azīm al-Ghafūr al-Shakūr al-' Alī al-Kabīr al-Ḥafīz al-Muqīt al-Ḥasīb al-Jalīl al-Karīm al-Raqīb al-Mujīb al-Wāsi' al-Ḥakīm al-Wadūd al-Majīd al-Bā' ith al-Shahīd al-Ḥaqq al-Wakīl al-Qawī al-Matīn al-Walī al-Ḥamīd al-Muḥṣī al-Mubdi' al-Mu' id al-Muḥyī al-Mumīt al-Ḥayy al-Qayyūm al-Wājid al-Mājid al-Wāḥid al-Aḥad al-Ṣamad al-Qādir al-Muqtadir al-Muqaddim al-Mu' akhkhir al-Awwal al-Ākhir al-Zāhir al-Bāṭin al-Wālī al-Muta' ālī al-Barr al-Tawwāb al Muntaqim al-' Afuww al-Ra' ūf Mālik al-Mulk Dhū al-Jalāl wa-l-Ikrām al-Muqsiṭ al-Jāmi' al-Ghanī al-Mughnī al-Māni' al-Ḍārr al-Nāfi' al-Nūr al-Hādi al-Badī' al-Bāqi al-Wārith al-Rashīd al-Ṣabūr.

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Lā ḥawla wa lā quwwata illā bil-lāhil- ‘aliyyil- ‘aẓīm
No power nor strength is there but through God

حَسْبِيَ اللَّهُ وَنِعْمَ الْوَكِيلَ نِعْمَ الْمَوْلَى وَنِعْمَ النَّصِيرَ

Ḥasbiyal-lāhu wa ni ‘mal-wakīl, ni ‘mal-mawlā wa ni ‘man-naṣīr
Allah suffices me and He is the best to depend on, the best Lord, and the best Helper

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ نَسْتَغِيْثُ أَغِثْنَا

Yā ḥayyu yā qayyūm biraḥmatika nastaghīthu aghithnā
O Living, O Caregiving, Your Mercy we plead for, help us

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِيْنَ

Lā ilāha illā anta, subḥānaka, innī kuntu minaz-ẓālimīn
There is no God but You, praise be to You, verily I was amongst the unjust

سَلَامٌ قَوْلًا مِّن رَّبِّ رَحِيْمٍ

Salāmun qawlam-mir-rabbir-raḥīm
Peace, the words of a Merciful Lord

لَيْسَ لَهَا مِنْ دُونِ اللَّهِ كَاشِفَةٌ

Laysa lahā min dūnil-lāhi kāshifah
No one less than God can lift this

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ بِقَدْرِ حُبِّكَ فِيهِ، وَزِدْنَا يَا مَوْلَانَا حُبًّا فِيهِ

اللَّهُمَّ بِجَاهِهِ عِنْدَكَ فَرِّجْ عَنَّا مَا نَحْنُ فِيهِ

Allāhumma ṣalli ‘alā Sayyidinā Muḥammadin biqadri ḥubbika fih, wa zidnā yā mawlānā ḥubban fih, Allāhumma bi jāhihi ‘indaka farrij ‘annā mā naḥnu fih
O God, send prayers, salutations, and blessings upon our Prophet Muḥammad as [great as] the extent of Your love for him and increase us, our Lord, in love for him.
O God, by virtue of his rank with You, relieve us of the difficulties which we are in

'ARAFĀ DAY ADHKĀR (SUPPLICATIONS)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Lā ilāha illal-lāhu waḥdahū lā sharīka lah, lahul-mulku wa lahul-ḥamd, wa huwa 'alā kulli shay' in qadīr

There's no God except Allah alone, with no partners; to Him belongs all sovereignty and praise, and He is over all things omnipotent

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu al-lā ilāha illal-lāhu waḥdahū lā sharīka lah, wa anna Muḥammadan 'abduhu wa rasūluh

I bear witness that there is no God except Allah alone, with no partners, and that Muḥammad is His servant and messenger

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Subḥānal-lāh wa-l-ḥamdu lillāh wa lā ilāha illā Allāh wallāhu akbar, wa lā ḥawla wa lā quwwata illā bi-llāh

Glory be to Allah, and praise be to Allah, there is no God except Allah, God is greater, and there is no power or might except through Allah

AL-ŞALAWĀT AL-IBRĀHĪMIYYA

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى سَيِّدِنَا إِبْرَاهِيمَ، وَعَلَى آلِ سَيِّدِنَا إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ، وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ، كَمَا بَارَكْتَ عَلَى سَيِّدِنَا إِبْرَاهِيمَ، وَعَلَى آلِ سَيِّدِنَا إِبْرَاهِيمَ، فِي الْعَالَمِينَ إِنَّكَ حَمِيدٌ مَجِيدٌ.

Allāhumma ṣalli ‘alā Sayyidinā Muḥammad wa ‘alā āli Sayyidinā Muḥammad, kamā ṣallayta ‘alā Sayyidinā Ibrāhīm wa ‘alā āli Sayyidinā Ibrāhīm, innaka ḥamīdun majīd, wa bārik ‘alā Sayyidinā Muḥammad wa ‘alā āli Sayyidinā Muḥammad, kamā bārakta ‘alā Sayyidinā Ibrāhīm wa ‘alā āli Sayyidinā Ibrāhīm, fi al-‘ālamīna innaka ḥamīdun majīd.

O God, send prayers upon Muḥammad and the family of Muḥammad, as You have sent prayers upon Ibrāhīm and the family of Ibrāhīm, You are truly most praiseworthy and noble, and send blessings upon Muḥammad and the family of Muḥammad, as You have sent prayers upon Ibrāhīm and the family of Ibrāhīm. In all the worlds, You are truly most praiseworthy and noble.

THE PRAYER WHICH THE PROPHET ﷺ AND PROPHETS BEFORE HIM REPEATED MOST ON THE DAY OF ‘ARAFA

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، اللَّهُمَّ اجْعَلْ فِي قَلْبِي نُورًا، وَفِي سَمْعِي نُورًا، وَفِي بَصَرِي نُورًا، اللَّهُمَّ اشْرَحْ لِي صَدْرِي، وَيَسِّرْ لِي أَمْرِي، وَأَعُوذُ بِكَ مِنْ وَسْوَاسِ الصَّدرِ، وَشَتَاتِ الْأَمْرِ، وَفِتْنَةِ الْقَبْرِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ مَا يَلِجُ فِي اللَّيْلِ وَشَرِّ مَا يَلِجُ فِي النَّهَارِ وَشَرِّ مَا تَهْبُ بِهِ الرِّيَّاحُ.

Lā ilāha illā Allāhu waḥdahū lā sharīka lah, lahu al-mulku wa lahu al-ḥamdu, wa huwa ‘alā kulli shay’in Qadīr. Allāhumma ij‘al fī qalbī nūran, wa-fī sam‘ī nūran, wa-fī baṣarī nūran. Allāhumma ishrah lī ṣadrī, wa-yassir lī amrī, wa-a‘ūdhu bika min waswās al-ṣadr, wa-shatāt al-amr, wa-fitnat al-qabr Allāhumma innī a‘ūdhu bika min sharri mā yaliju fī al-layl, wa sharri mā yaliju fī al-nahār, wa sharri mā tahibbu bihi al-riyāḥ.

There is no god except Allah alone, without partners. To Him belongs all sovereignty and praise, and He is over all things omnipotent. O Allah, place in my heart light, and in my hearing light, and in my sight light. O Allah, expand for me my chest; ease for me my task. I seek protection in You from the whisperings in the chest, from confusion, and from the trial of the grave. O Allah, truly I seek protection in You from the evil that takes place in the night, and the evil that takes place in the day, and the evil carried by the winds.

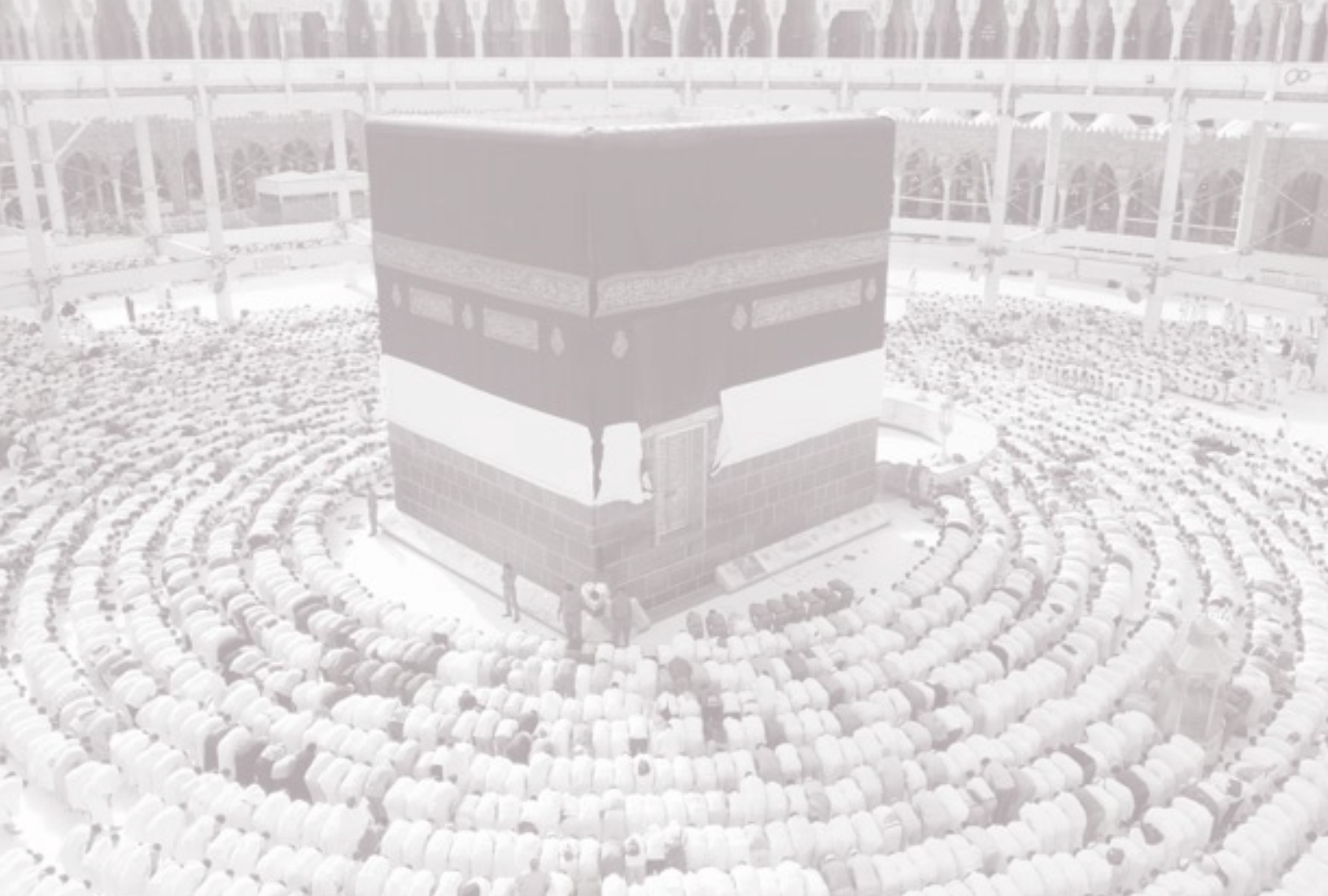
TAKBĪRĀT AL-EID

(EID SUPPLICATIONS)

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ، اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ، اللَّهُ أَكْبَرُ كَبِيرًا، وَالْحَمْدُ لِلَّهِ كَثِيرًا،
وَسُبْحَانَ اللَّهِ وَيَحْمَدُهُ بُكْرَةً وَأَصِيلًا ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، صَدَقَ وَعْدُهُ، وَنَصَرَ عَبْدَهُ، وَأَعَزَّ جُنْدَهُ، وَهَزَمَ
الْأَحْزَابَ وَحْدَهُ، لَا إِلَهَ إِلَّا اللَّهُ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ، اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا
مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ، وَعَلَى أَصْحَابِ سَيِّدِنَا مُحَمَّدٍ، وَعَلَى أَنْصَارِ سَيِّدِنَا مُحَمَّدٍ، وَعَلَى أَزْوَاجِ سَيِّدِنَا
مُحَمَّدٍ، وَعَلَى ذُرِّيَّةِ سَيِّدِنَا مُحَمَّدٍ وَسَلِّمْ تَسْلِيمًا كَثِيرًا، رَبِّ اغْفِرْ لِي وَلِوَالِدِي رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

Allāhu Akbar, Allāhu Akbar, Allāhu Akbar. Lā ilāha illā Allāh. Allāhu Akbar, Allāhu Akbar, wa li-Lāhi-l-ḥamd. Allāhu Akbar kabīrā, wa-l-ḥamdu lillāhi kathīrā, wa subḥanallāhi wa bi-ḥamdihi bukratan wa aṣīlā. Lā ilāha illā Allāha waḥdah, ṣadaqa wa ‘dah, wa-naṣara ‘abdah, wa-a ‘azza jundahu wa-hazama al-aḥzāba waḥdah. Lā ilāha illā Allāh, wa-lā na ‘budu illā iyyāh, mukhlisīna lahu al-dīna wa-law kariha al-kāfirūn. Allāhumma salli ‘alā Sayyidinā Muḥammad, wa- ‘alā āli Sayyidinā Muḥammad, wa- ‘alā aṣḥābi Sayyidinā Muḥammad, wa- ‘alā anṣāri Sayyidinā Muḥammad, wa- ‘alā azwāji Sayyidinā Muḥammad, wa- ‘alā dhuriyyati Sayyidinā Muḥammad wa-sallim tasliman kathīrā. Rabbighfir lī wa-li-wālidayy, rabbi-r-ḥamhumā kamā rabbayānī saghīrā.

God is the Greatest. There is no god but the One True God. God is the Greatest and to Him is all praise. God is the Greatest, the Greatest. To Him is the abundant praise. Glory and thanks be to Him, day and night. There is no god but God, the One True God. He fulfilled His promise, supported His servant, He strengthened His soldiers and defeated the disbelieving party. There is nothing before Him or after Him. There is no god but God and we worship none but Him. With sincere devotion in spite of the disbelievers. Oh God exalt and bless our Prophet Muḥammad, and bless the family of our Prophet Muḥammad, and bless the companions of our Prophet Muḥammad, and bless the wives of our Prophet Muḥammad, and bless the descendants of our Prophet Muḥammad, and salute all of them with much peace. My Lord, forgive me and my parents. My Lord, have mercy on both of them just as they raised me in childhood.



PILGRIMS AT HOME SCORE SHEETS

PRAYER SCORE SHEET

‘ Ibāda		Pnts	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
Tahajjud	2 Rak‘as Tahajjud	5									
	Ṣalāt al-Tasābiḥ	10									
	Ṣalāt al-Ḥāja	10									
	Qaḍā’ Yawm	5									
7 Adhkār x 25		5									
Sūrat al-An‘ām		7									
Sūrat al-Baqara	Juz’ 1	6									
	Juz’ 2	6									
	Juz’ 3	6									
Awake Until Sunrise		5									
Fajr	2S	1									
	Farḍ	1									
	At Start	1									
Duḥā	2	1									
	2	1									
	2	1									
	2	1									
	2	1									
	2	1									
Zuhr	2S	1									
	2S	1									
	Farḍ	1									
	2S	1									
	2S	1									
	At Start	1									
‘Aṣr	2S	1									
	2S	1									
	Farḍ	1									
	At Start	1									
Maghrib	Farḍ	1									
	2S	1									
	At Start	1									
Awwābīn	2	1									
	2	1									
	2	1									
‘Ishā’	Farḍ	1									
	2S	1									
	Witr	2									
	At Start	1									
Fast		5									
Total		100									

ALTERNATIVE SCORE SHEET

Ibāda		Pnts	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	
Tahajjud	5 min Istighfār	5										
	25 min Istighfār	10										
	25 min Istighfār	10										
	5 min Istighfār	5										
7 Adhkār x 25	May do these while doing activities where you can still focus on the meaningful phrases.	5										
Lā ilāha illal-lāh x 1000		7										
99 Names x 5		6										
99 Names x 5		6										
99 Names x 5		6										
Awake Until Sunrise		5										
Fajr (Total: 250)	"Subhānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāh wal-lāhu akbar" for each prayer. — Must be done while sitting, facing the qibla, not walking around doing other things.	x 125	1									
		x 125	1									
		At Start	1									
Duḥā (Total: 246)		x 41	1									
		x 41	1									
		x 41	1									
		x 41	1									
		x 41	1									
		x 41	1									
Zuhr (Total: 250)		x 50	1									
		x 50	1									
		x 50	1									
	x 50	1										
	At Start	1										
'Aṣr (Total: 250)	x 50	1										
	x 50	1										
	x 150	1										
	At Start	1										
Maghrib (Total: 250)	x 150	1										
	x 100	1										
	At Start	1										
Awwābīn	Salawāt x 501	x 167	1									
		x 167	1									
		x 167	1									
'Ishā' (Total: 250)	Same as other Farḍ prayers	x 150	1									
		x 50	1									
		x 50	2									
		At Start	1									
Fast		5										
Total		100										

'ARAFA SCORE SHEET

Adhkār	Repetitions	Pnts	Your Score
Sūrat al-Ikhlāṣ	x 275	10	
Sūrat al-Ikhlāṣ	x 275	10	
Sūrat al-Ikhlāṣ	x 275	10	
Sūrat al-Ikhlāṣ	x 275	10	
Lā ilāha illā Allah waḥdahu lā sharīka lah, lahu-l-mulku wa lahu-l-ḥamdu, bi-yadihi-l-khayru, wa huwa 'alā kullī shay' in Qadīr	x 100	10	
Sūrat al-Fātiḥa	x 100	10	
Ash-hadu al-Lā ilāha illal-lāhu waḥdahu lā sharīka lah, wa anna Muḥammadan 'abduhu wa rasūluh	x 100	10	
Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāhU wal-lāhu akbar, wa lā ḥawla wa lā quwwata illā bil-lāh	x 100	10	
al-Ṣalawāt al-Ibrāhīmiyya (pg 37)	x 100	10	
Reading of Sūrat al-Anbiyā' with prayers upon each prophet mentioned in it	x 1	5	
Reading of al-Ḥajj with prayers upon each prophet mentioned in it	x 1	5	
Total		100	

ALTERNATIVE SCORE SHEET

Adhkār	Repetitions	Pnts	Your Score
99 Names of Allah	x 15	10	
99 Names of Allah	x 15	10	
99 Names of Allah	x 15	10	
99 Names of Allah	x 15	10	
Lā ilāha illā Allah waḥdahu lā sharīka lah, lahu-l-mulku wa lahu-l-ḥamdu, bi-yadihi-l-khayru, wa huwa 'alā kullī shay' in Qadīr	x 100	10	
Yā Ḥayyu, Yā Qayyūm	x 100	10	
Ash-hadu al-Lā ilāha illal-lāhu waḥdahu lā sharīka lah, wa anna Muḥammadan 'abduhu wa rasūluh	x 100	10	
Subḥānal-lāh wal-ḥamdu lil-lāh wa lā ilāha illal-lāhU wal-lāhu akbar, wa lā ḥawla wa lā quwwata illā bil-lāh	x 100	10	
al-Ṣalawāt al-Ibrāhīmiyya (pg 37)	x 100	10	
The prayer which the Prophet ﷺ and the Prophets before him repeated most on the day of 'Arafa (pg 37)	x 3	5	
al-Ṣalawāt al-Ibrāhīmiyya (pg 37)	x 10	5	
Total		100	

EID SCORE SHEET

' Ibāda	Pnts	Your Score
2 Rak'as Tahajjud	5	
Ṣalāt al-Tasābiḥ	10	
Ṣalāt al-Ḥāja	10	
5 Days Qaḍā'	50	
Awake Until Sunrise	5	
Takbīrāt al-Eid x 25	25	
2 rak'as Ṣalāt al-Eid	25	
Praying Ṣalāt al-Eid in Jamā' a (Congregation)	20	
Khitma (Complete Quran Recitation)	100	
Uḍḥiya (Sacrifice)	50	
Total	300	

ALTERNATIVE SCORE SHEET

' Ibāda		Pnts	Your Score
Istighfār	30 mins	5	
Allāhumma ṣalli 'alā Sayyidinā Muḥammad	20 mins	10	
	20 mins	10	
Lā ilāha illal-lāh	50 mins	50	
Awake Until Sunrise		5	
Takbīrāt al-Eid	x 25	25	
al-Ṣalawāt al-Ibrāhimiyya (pg 37)	x 10	25	
Attend Ṣalāt al-Eid		20	
70,000 Istighfār		100	
Uḍḥiya (Sacrifice)		50	
Total		100	

PILGRIMS AT HOME

Annual 'Ibāda Challenge

Final Individual Score Sheet		
	Points Possible	My Total Points
Day 1	100	
Day 2	100	
Day 3	100	
Day 4	100	
Day 5	100	
Day 6	100	
Day 7	100	
Day 8	100	
Day 9 'Arafa	100	
'Arafa Score Sheet	100	
Eid Score Sheet	300	
TOTAL	1,300	

PILGRIMS AT HOME

Annual 'Ibāda Challenge

Team Leader Score Sheet						
	Team Member #1	Team Member #2	Team Member #3	Team Member #4	Team Member #5	TOTAL
Day 1						
Day 2						
Day 3						
Day 4						
Day 5						
Day 6						
Day 7						
Day 8						
Day 9 'Arafa						
'Arafa Score Sheet						
Eid Score Sheet						
TOTAL						

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- Numinosity
- Optimism
- Erudition

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